

Fall Performing Arts Preschool 2009-2010

Performing Arts Preschool curriculum includes: Pre-reading and writing skills, art, literature, science, drama, music, dance and gymnastics. We seek to help children develop social skills and self-confidence in a caring, nurturing atmosphere through well planned individual and group activities. Throughout the year we will explore different cultures through music, poetry, language, art and dance in order to understand, respect and appreciate social and cultural diversity.

Westside's unique facility allows us to include Gymnastics, Tap Dance, Jazz, Ballet and Sports-Fitness into our curriculum.

We offer a creative and positive environment where children can use their energy and talents in a fun, safe and healthy atmosphere.

<u>Days</u>	<u>Time</u>	<u>Price</u>	<u>Materials Fee</u> <u>(Non-Refundable)</u>
<u>3 Year Olds (3 by 9/1/09)</u> Tues. & Thurs.	9:00– Noon	\$200.00	\$50.00
<u>3 Year Olds (3 by 1/1/10)</u> Tues. & Thurs.	9:00– Noon	\$200.00	\$50.00
<u>4 Year Olds (4 by 9/1/09)</u> Mon., Wed., & Fri.	9:00– Noon	\$245.00	\$75.00

- The Tuition cost is based on a ten month school year of ten equal payments, thus full tuition is expected each month regardless of days missed.
- All Preschool students are welcome to take part in our annual Dance Recital and Mini Olympic Gymnastics Exhibition. (Costume, tickets, and entry fees additional)
- Students must be potty trained.
- Additional days of Preschool are available. See the front office for customized schedules and pricing.

Westside will be offering extended care for Preschool students!

Bring your own lunch and enjoy creative play and open gym time!

- Extended Care is held Monday thru Friday from 11:30 a.m. to 1:30 p.m. or Noon to 1:30 p.m.
- Extended Care students need to bring their own lunch.
- Price: \$12.50 per day for 11:30 a.m. to 1:30 p.m. or \$10 per day for Noon to 1:30 p.m.



Learning has never been so much fun!



After School Care Fall 2009-2010

LOCAL SCHOOL PICK-UP and transportation to our facility

Activities include:

Gymnastics, Rhythmic Gymnastics, Tap, Hip Hop, Jazz, Acrobatics, Ballet, Field Trips, Games, Snacks, Arts & Crafts and much, much, more!

Do you need a place for your child after school? Westside Academy's After School Care Program provides a safe, fun, caring environment for your child. Westside provides your child with healthy snacks, homework time, supervised gym time, field trips, movies, etc. **Students must be enrolled in a dance or gym class each day that they attend** with the exception of Fridays which are "Fun Days", and will include field trips. **Students will need to be picked up by 6:00 p.m.**

Westside provides pick-up from schools on "early dismissal" days. All Day Activity Camps are often held during school "Holiday Closures." (See our Parent-Student Policy Sheet for details.)

Tuition is based on an average of a four-week month and is due the first day of each month.

1x week	\$ 66.00 per month
2x week	\$132.00 per month
3x week	\$192.00 per month
4x week	\$250.00 per month
5x week	\$310.00 per month

(These rates do not include class tuition.)

A 10% discount is given to additional family members enrolled in the After School Care program.

SCHOOLS WE PICK UP FROM:

Alberta Rider, C.F. Tigard, Capitol Hill, Conestoga, Deer Creek, Durham, Fowler, Greenway, Hayhurst, Hiteon, Jackson, Metzger, Markham, McKay, Maplewood, Mary Woodward, Nancy Ryles, Oak Creek, Rivergrove, Lakegrove, Scholls Heights, Sexton Mountain, Stephenson, St. Anthony's, Templeton, & Twality.

Additional schools may be added with a minimum of 4 students per day. Contact our office for details.

All After School Care Students are invited to participate in our Annual Dance Recital and Mini Olympics exhibitions.
Costumes, tickets and entry fees are additional.

DO YOU NEED A PLACE FOR YOUR CHILD DURING STATE-WIDE SCHOOL CLOSURES?

We have the safe and fun solution for you ~ All Day Activity Camp Field Trips!

- October 9th - Lakeview Farms Pumpkin Patch
- Veteran's Day: November 11th - OMSI
- MLK Day: January 18th - AC Gilbert Discovery Village in Salem
- President's Day: February 15th - TBD

7:30 am drop-off; pick-up 6:00 pm

\$55 for Members, \$60 for Non-Members

1/2 price for After-School students who are enrolled in After School Care on the day of the camp.

Dance Information

KIDS-N-MOTION CLASSES

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>2-1/2 & 3 Year Olds (as of 9/1/09)</u>			
Princess Ballet	M	9:30-10:20	A
Princess Ballet	F	10:30-11:20	A
Princess Ballet	S	9:00-9:50	D
Tap/Princess Ballet	T	9:30-10:20	A
Tap/Jazz/Tumble	M	10:30-11:20	A
Tap/Jazz/Tumble	TH	9:30-10:20	B
Tap/Jazz/Tumble	S	10:00-10:50	C

3-5 Year Olds (as of 9/1/09)

Princess Tumble	TH	3:30-4:30	A
Tap/Princess Ballet	TH	5:30-6:30	C

4 & 5 Year Olds (as of 9/1/09)

Princess Ballet	W	10:30-11:30	A
Princess Ballet	S	11:00-12:00	B
Princess Ballet/Tumble	W	3:00-4:00	A
Princess Ballet II	S	10:00-11:00	D
Princess Ballet/Tumble	W	1:00-2:00	A
Tap/Princess Ballet	M	1:00-2:00	A
Tap/Princess Ballet	S	10:00-11:00	A
Tap/Jazz/Tumble	W	9:30-10:30	A
Tap/Jazz/Tumble	TH	1:00-2:00	A
Tap/Jazz/Tumble	S	9:00-10:00	B
Tap/Jazz/Tumble II	TH	9:30-10:30	A
Tap/Jazz/Tumble II	S	12:00-1:00	A
Tumble/Dance	T	10:30-11:30	A
Hip Hop	F	9:30-10:30	A
Hip Hop	S	11:00-12:00	D
Preballet Express I*	T	5:00-6:00	C
Dance Express I*	T	4:00-5:00	B
Dance Pals (ages 4-7)	T	3:00-4:00	D

5 & 6 Year Olds (as of 9/1/09)

Hip Hop	S	11:00-12:00	D
Princess Ballet II	TH	10:30-11:30	A
Preballet Express II*	W	4:00-5:00	A
Dance-Express II*	W	5:00-6:00	A
Dance Pals (ages 4-7)	T	3:00-4:00	D

RECREATIONAL DANCE

	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>TAP/JAZZ/TUMBLE</u>				
Beg.	5-8	W	4:00-5:00	B
Beg.	6-8	S	9:00-10:00	A
Int.	7-9	S	11:00-12:00	A

TAP/JAZZ

Beg.	7-10	T	4:00-5:00	D
Beg.	8-11	F	5:00-6:00	C
Int.	7-9	M	5:00-6:00	B
Int.	8-11	F	6:00-7:00	A
Adv.	8-11	M	4:00-5:00	B
Accelerated	10+	S	12:00-1:30	A

TAP

Beg./Int.	Adult	W	12:00-1:00	A
Int./Adv.	Adult	TH	8:30-9:30	B

	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>TUMBLING (Acrobatics)</u>				
Open Acro	5-9	T	4:00-5:00	TC

TUMBLE/DANCE (Acrobatics/Jazz)

Beg.	5-7	T	3:30-4:30	A
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DANCE PALS *NEW THIS YEAR! Sign up as boy/girl pair!*

Beg.	4-7	T	3:00-4:00	D
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JAZZ

Contemporary	12+	T	8:30-9:30	B
Beg.	11+	T	7:30-8:30	B
Int./Adv.	11+	TH	8:30-9:30	A
Broadway	Adult	TH	7:30-8:30	B

HIP HOP

Beg.	6-8	TH	3:30-4:30	B
Beg.	7-9	M	5:00-6:00	C
Beg.	7-10	S	12:00-1:00	D
Beg.	8-11	W	4:30-5:30	D
Int.	8-11	F	7:00-8:00	B
Beg.	12+	T	8:30-9:30	A
Int./Adv.	12+	TH	7:30-8:30	A
Accelerated*	8-11	TH	4:30-5:30	B

PRE-BALLET

Beg.	6-8	F	4:00-5:00	C
Beg.	6-8	M	4:00-5:00	D
Beg.	6-9	S	11:00-12:00	C
Beg.	7-9	TH	4:30-5:30	C
Int.	7-9	S	12:00-1:00	C
Int.	7-9	F	4:00-5:00	D
Adv.	7-9	W	5:00-6:00	C

BALLET

Beg.	10+	TH	7:30-8:30	D
Int.	10+	M	5:00-6:00	D
Pre-Pointe		TH	8:30-9:00	D
Beg. Pointe*		W	9:00-9:30	C
Pointe A*		M	9:00-9:30	C
Pointe B*		W	9:00-9:30	D
Accelerated Pointe*		M	9:00-9:30	D
Adult	Open	T	8:00-9:00	D

FLEX

Open	8+	TH	3:30-4:30	C
Open	8+	S	1:00-2:00	C

DANCE CLASS TUITION

50 min - 1 hour per week	\$60.00 per month
1 hour Hip Hop/Gym Combo Class	\$63.00 per month
1.5 hours per week	\$90.00 per month
2 hours per week	\$120.00 per month
Each Additional Family Dance hour	\$32 per month

If your family is enrolled in both dance & gym you will be charged the lesser cost of your 3rd hour of class.

*Teacher Recommendation Required

CLASS DESCRIPTIONS

Ballet: Students learn classical positions, barre work, centre floor, leaps & turns. Basic building block of all dance.

Contemporary: This form of dance combines ballet and jazz with current choreography and music trends.

Dance Pals : NEW THIS YEAR! A partnering variety class for younger students—this is how Troy and Gabriella got started! Sign up as a boy/girl pair is required—one partner receives 50% off tuition for this class. We will also keep a list of students seeking partners.

Flexibility (Flex): A class designed for students interested in improving flexibility. An hour focused on safe stretching & increased muscle elasticity for dance or sports.

Hip Hop: High energy class highlights popular dance steps seen in current music videos, with age appropriate music.

Jazz: Jazz includes the latest dance moves with technique training in flexibility, kicks, turns, leaps & choreography.

Pointe & Pre-Pointe: Teacher Placement classes. Students are required to take at least 2 advanced level ballet classes in addition to their Pointe class.

Pre-Ballet: A perfect class for the younger ballet student. This class includes ballet positions, barre work, floor, leaps & turns. Helps develop coordination and grace.

Princess Ballet: An innovative class designed to introduce children to basic ballet positions and technique, through movement, literature and personal expression. Princess Ballet II is designed for students with previous dance training.

Tap: A popular dance form here in the Northwest. Dancers will develop rhythm, coordination, clarity of sounds & training in basic routines.

Tap/Jazz/Tumble: For boys and girls ages 2 1/2 –9. Students learn the joy of dance and tumbling in a combination class. A fast paced variety of movement make this class one of our most popular.

Tap/Jazz: Same as above, except class concentrates on dance only.

Tap/Princess Ballet: A favorite combination class. Students enjoy learning basic tap skills as well as basic ballet positions and technique.

Tumble/Dance: Combines tumble (acro) moves with jazz steps for fun combinations and routines.

Tumbling (Acrobatics): Designed to teach the proper drills, progressions and flexibility training to students who want to learn basic gymnastics and acro skills for cheer-leading, dance teams and advanced Acrobatic classes.

Note: All the Westside Advanced and Company dancers train in tap, jazz and ballet. Recreational and Kids in Motions students interested in possibly moving into advanced, competitive dance will benefit from including these three classes in their current dance curriculum.

DANCE DRESS CODE

No Jewelry. Hair should be tied back and off the neck.

Males:

Tank tops, fitted T-shirts, shorts or dance pants

Females:

Any color leotard, tights or dance shorts or pants

Shoes

Kids in Motion Tap/Jazz/Tumble: Tap shoes and pink ballet shoes.

Rec. Tap/Jazz/Tumble: Tap shoes and black jazz shoes.

Hip Hop: Black sneakers, only worn at class time.

Teen Jazz/Contemporary: Beige "Foot Paws"

BALLET DRESS CODE

Males:

Black leggings, black leotard or white T-shirt

Black Ballet Shoes

Females:

Princess Ballet: Any color pastel leotard & pink tights

Pre Ballet: Pink or black leotard & pink tights

Ballet: Black leotard & pink tights

All Females: Pink Ballet Shoes

THE BIG SHOW!

WESTSIDE'S DANCE RECITAL

June 21st-26th

Downtown at the Newmark Theater

All dance students are encouraged to participate.

Recital fees are deducted with November EFT.

Tickets go on sale May 1st

A very special experience for family and friends!

SEE EVERYONE THERE!

The Nutcracker

December 2009

Holiday Showcase

Our Recreational Ballet Students will have the opportunity to perform in this season's magical productions.

Special performances by the Ballet, Hip Hop

Performing Company, Fusion Groups

Elite Acrobatics Groups and the

Performing Arts Preschool Students.

Date and Location to be Announced

Gymnastics Information

KIDS-N-MOTION - GYMNASTICS 6 & UNDER

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>Approx. 19 mo. - 2 1/2 years (Parent Participation)</u>			
Gymnastics	M	10:30-11:20	G
	T	9:30-10:20	G
	W	10:30-11:20	G
	S	9:00-9:50	G
<u>2 1/2 & 3 years (Parent Participation)</u>			
Gymnastics	T	10:30-11:20	G
	F	9:30-10:20	G
	S	10:00-10:50	G
<u>3 & 4 years (Must be 3 by 9/1/09)</u>			
Gymnastics	M	9:30-10:20	G
	M	10:30-11:20	G
	M	1:00-1:50	G
	M	2:00-2:50	G
	T	9:30-10:20	G
	T	10:30-11:20	G
	T	2:00-2:50	G
	W	9:30-10:20	G
	W	10:30-11:20	G
	W	1:00-1:50	G
	W	2:00-2:50	G
	TH	9:30-10:20	G
	TH	10:30-11:20	G
	TH	2:00-2:50	G
	F	9:30-10:20	G
	F	10:30-11:30	G
	S	9:00-9:50	G
	S	10:00-10:50	G
	S	11:00-11:50	G
	Sun	11:00-11:50	G
<u>3, 4 and 5 year olds (Must be 3 by 9/1/09)</u>			
Gym/Dance (Boys and Girls)	T	2:00-2:50	G
Boys and Girls	TH	12:00-12:50	G
Boys	W	2:00-2:50	G
Boys	TH	2:00-2:50	G
Boys	F	10:30-11:20	G
<u>4 & 5 years (Must be 4 by 9/1/09)</u>			
Gym/Hip Hop	M	2:00-3:00	A
Gymnastics	M	9:30-10:20	G
	M	10:30-11:20	G
	T	9:30-10:20	G
	T	10:30-11:20	G
	T	2:00-2:50	G
	TH	9:30-10:20	G
	TH	10:30-11:20	G
	TH	2:00-2:50	G
	F	10:30-11:20	G
	S	9:00-9:50	G
	S	10:00-10:50	G
	S	11:00-11:50	G
	Sun	12:00-12:50	G
Advanced Girls*	W	12:30-1:45	G

* Teacher placement class only

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>4 & 5 years Gym Stars (Must be 4 by 9/1/09)</u>			
	M	2:00-2:50	G
	W	1:00-1:50	G
	F	9:30-10:20	G
	S	11:00-11:50	G
<u>5 & 6 years (Must be 5 by 9/1/09)</u>			
Gymnastics	M	1:00-1:50	G
	T	9:30-10:20	G
	TH	2:50-3:40	G
	S	9:00-9:50	G
	S	10:00-10:50	G
	S	11:00-11:50	G
<u>5 & 6 years Gym Stars (Must be 5 by 9/1/09)</u>			
Gymnastics	T	1:00-1:50	G
	W	9:30-10:20	G
	W	2:00-2:50	G
<u>4, 5 and 6 year olds (Must be 4 by 9/1/09)</u>			
Gymnastics	M	6:00-6:50	G
	TH	4:00-4:50	G
	Sat	3:30-4:20	G
	Sun	2:45-3:35	G
Boys	T	1:00-1:50	G

Indoor Play Park

Ages 6 & under

Mondays, Tuesdays & Fridays 11:30 a.m.-12:30 p.m.

Members: \$7.00 each or \$10.00 per family

Non-members: \$9.00 or \$13.00 per family

Punch cards available for your convenience

✦ KIDS-N-MOTION EXPLOSION ✦

Do you have a preschooler with non-stop energy?

If your child is between the ages of 3-6, we are offering the ultimate class schedule: KNM Explosion!

Students come to two or more classes of their choice on a single day, between 9:30-3:00 Monday through Friday.

Students can choose from Tap, Jazz, Gymnastics, Acrobatics, Princess Ballet and Hip Hop.

What a great foundation to give your athletic child!

Participants in this program receive an additional 10% off of the classes they choose during this time frame.

For your added convenience, join us for "Lunch Bunch".

A great addition to your Kids-N-Motion Explosion experience.

Lunch Bunch

for all Preschool Aged Students!

Bring your own lunch and enjoy creative play and supervised open gym time.

Monday thru Friday 11:30-1:30 p.m. or 12:00 noon to 1:30 p.m.

\$12.50 for 2 hrs or \$10.00 for 1 1/2 hrs

Punch Cards are available for your convenience.

Gymnastics Information

Level Age Day Time Room

BOYS RECREATIONAL GYMNASTICS

Open	6+	M	3:30-4:45	G
Open	6+	M	4:45-6:00	G
Open	6+	T	3:30-4:45	G
Open	5+	T	4:45-6:00	G
Open	6+	W	3:45-5:00	G
Open	5+	TH	3:45-5:00	G
Open	6+	TH	5:00-6:15	G
Open	6+	S	9:30-10:45	G
Open	6+	S	10:45-12:00	G
Open	6+	Sun	4:00-5:15	G

GIRLS RECREATIONAL GYMNASTICS

Level 1	5+	M	3:30-4:45	G
Level 1	6+	M	4:45-6:00	G
Level 1	6+	T	3:30-4:45	G
Level 1	6+	T	4:45-6:00	G
Level 1	6+	W	3:45-5:00	G
Level 1	6+	W	6:15-7:30	G
Level 1	5+	TH	3:45-5:00	G
Level 1	6+	F	3:30-4:45	G
Level 1	6+	S	9:30-10:45	G
Level 1	6+	S	10:45-12:00	G
Level 1	6+	S	2:45-4:00	G
Level 1	6+	Sun	2:45-4:00	G
Level 2	6+	TH	3:45-5:00	G
Level 2 Adv.	6+	M	6:00-7:15	G
Level 2	6+	T	4:45-6:00	G
Level 2 Adv.	6+	T	3:30-4:45	G
Level 2	6+	W	3:45-5:00	G
Level 2	6+	TH	6:15-7:30	G
Level 2 Adv.	6+	TH	5:00-6:15	G
Level 2	6+	S	9:30-10:45	G
Level 2	6+	S	1:30-2:45	G
Level 2	6+	Sun	1:30-2:45	G
Level 3	6+	M	4:45-6:00	G
Level 3 Adv.	6+	M	4:45-6:45	G
Level 3	6+	T	4:45-6:00	G
Level 3	6+	TH	5:00-6:15	G
Level 3	6+	S	10:45-12:00	G
Level 3 Adv.	6+	S	1:30-3:30	G
Level 4 Rec.	6+	W	5:00-7:00	G
Level 4 Rec.	6+	S	1:30-3:00	G

GIRLS RECREATIONAL TEAM

Open	6+	T	6:00-8:00	G
Open	6+	TH	5:00-7:00	G

GYMNASTICS DRESS CODE

(Please do not wear anything to class that is not listed below)

No Jewelry

Males: Elastic gym shorts, fitted T-Shirts, tank tops, warm-ups.

Females: Any color or print leotard, gymnastic shorts. No tights or skirts.

Hair: Hair should be in a braid, bun or ponytail.

CLASS DESCRIPTIONS

Boys & Girls Recreational Gymnastics: Class focus is on teaching proper basics for Beginning to Advanced levels on all Olympic Gymnastics events.

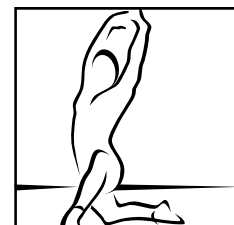
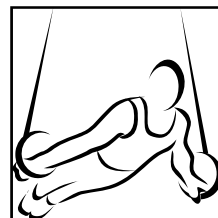
Girls Recreational Team: Girl recreational gymnasts put together simple routines for fun competitions to be held throughout the year. Routines are choreographed according to each student's skill level. A \$25.00 fee for each meet you participate in will be billed to your account in November and March to cover meets in December and April.

Gym/Dance: An introductory class where students learn a combination of Gymnastic & Tap Dance skills. Students participate in the Mini-Olympics.

Gymnastics (Kids-In-Motion): Class focus is on strength, flexibility, balance, coordination & pre-gym skills while discovering movement and activities on all gymnastics apparatus.

Jump, Tumble & Roll (Parent Participation required): Designed especially for the toddler to build confidence & gross motor skills through music and movement while exploring pre-gymnastics skills.

Gym Stars: This class is designed for students with previous gymnastics training. These students will work on basic and intermediate skills.



MINI OLYMPICS

June 12th and 13th

Watch your gymnast shine at our annual Exhibition here at the Academy. Students showcase routines and skills on several events.

All students are encouraged to participate.

\$60 participation fee includes cost of uniform, trophy and family admission.

Participation fee will be automatically deducted with March EFT. All uniforms will be worn for Picture Week. May 1st-8th.

GYMNASTICS CLASS TUITION

50 min - 1 hour per week	\$ 63.00 per month
1 hour & 15 minutes per week	\$ 78.00 per month
1 hour & 30 minutes per week	\$ 94.00 per month
2 hours per week	\$126.00 per month
Each additional family gym hour	\$35.00 per month

If your family is enrolled in both dance & gym you will be charged the lesser cost of your 3rd hour of class.

Accelerated Dance and Performing Company Classes

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>ACCELERATED - DANCE/ACRO CLASSES</u>			
Petite Pre Co	(T) TH	4:30-5:30	A
(3 hrs- \$152)	(B/J) Sat	9:00-11:00	CB
Mini. Pre Co	(J/B) T	6:00-8:00	CD
(4 hrs- \$184)	(J/T) F	5:00-7:00	BB
Jr. Pre Co	(B/J) T	6:00-8:30	DA
(4.5 hrs-\$200)	(J/T) TH	5:30-7:30	BB
Acro Express 1	M	1:00-2:00	B
Acro Express 2	T	3:45-5:15	TC
Acro Express 3	W	4:00-5:30	TC
Acro Express 4	W	5:30-7:00	TC

WESTSIDE BALLET COMPANY-Invitation Only

Jr. Ballet Co "A"	W	4:00-5:00	C
Jr. Ballet Co. "B"	W	5:30-6:30	D
Jr. Ballet Co "C"	M	4:00-5:00	C
Teen Ballet Co. "A"	Th	4:00-5:00	D
Teen Ballet Co. "B"	S	3:00-4:00	A
Sr. Ballet Co. "A"	T	8:00-9:30	C
Sr. Ballet Co "B"	S	1:30-3:00	B

WESTSIDE HIP HOP COMPANY-Invitation Only

HipNotic Jr Crew	F	6:00-7:00	C
HipNotic	F	3:30-5:00	B
HipNotic/Jr Crew/EA Tech	TH	6:30-7:30	D

ACCELERATED DANCE CLASS TUITION

50 min-1 hour per week	\$ 60.00 per month
1.5 hour per week	\$ 90.00 per month
2 hours per week	\$120.00 per month
3 hours per week	\$152.00 per month

If your family is enrolled in both dance & gym your 3rd hour of class will be discounted.

Dance \$32/hr Gym \$35/hr

A 20% discount is given to individual & multiple family members enrolled in both Performing Company and Gymnastics teams.

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>WESTSIDE PERFORMING COMPANY</u>			
Petites	(J) M	4:00-5:00	A
(3 hrs- \$152)	(T/B) F	5:00-7:00	AD
Mini Edition	(J/T) T	4:00-6:00	CB
(4.0 hrs- \$184)	(J/B) F	4:00-6:00	AD
Jr. Edition	(B/J) T	5:00-7:30	DB
(5.5 hrs- \$232)	(T/J/B) TH	5:30-8:30	ACC
Jr Elite	(J/T/B) T	4:30-8:00	AAC
(6 hrs- \$248)	(B/J) TH	5:00-7:30	DA
Seniors	(B/J) M	6:00-9:00	CB
(6 hrs-\$248)	(J/T/B) W	6:00-9:00	BAC
Sr. Elite	(J/B) M	6:00-9:00	AD
(6 hrs- \$248)	(T/B/J) W	6:00-9:00	ACA
Dance Force	(J/B) M	6:00-9:00	BC
(9 hrs- \$292)	(T/HH/J/B) W	5:00-9:00	BCBD
	Chor S	1:00-3:00	A
NW Fusion	(T/B/Co) M	5:00-9:00	ADA
(10 hrs. -\$302)	(B/J) W	6:30-9:30	DB
	Co Class Sat	3:30-6:30	TC

PERFORMING COMPANY OPTIONAL CLASSES

After 2 family hours each optional class hour is a rate of \$32.00 per hour.

Pre Pointe	TH	8:30-9:00	D
Beg Pointe	W	9:00-9:30	C
Pointe A	M	9:00-9:30	C
Pointe B	W	9:00-9:30	D
Accelerated Pointe	M	9:00-9:30	D

ELITE ACRO

Elite Acro Group 1	W	5:30-7:00	TC
Elite Acro Group 2	W	3:30-5:00	TC
Elite Acro Group 3	W	7:00-8:30	TC
Elite Acro Group 4	W	7:00-8:30	TC
Elite Acro Group 5	T	4:00-5:30	TC
Elite Acro Group 6	Sun	4:00-6:00	TC
Elite Acro Group 7	Sun.	4:00-6:00	TC

CLASS DESCRIPTIONS ~ *All Classes are Teacher Placement Only

Pre-Company: Students are selected for more extensive training in dance. Includes classes in Tap, Jazz & Ballet. Members compete and perform locally.

Elite Acrobatics & Acro Express: An accelerated acrobatic performance group required to take a Tap, Jazz or Ballet class in addition to their acrobatics class.

Contemporary: This form of dance combines Ballet and Jazz with current dance and music trends.

Pre-Pointe & Pointe: Students are required to take at least 2 advanced level Ballet classes in addition to their Pointe class, and at least one advanced level ballet class in addition to Pre-Pointe.

HipNotic/HipNotic Jr Crew: An accelerated program for dancers who will receive more extensive training in Hip Hop. They will perform and compete locally and regionally. An additional jazz, ballet, or hip hop class is required for all company members.

Ballet Company: An accelerated program for dancers who will receive more extensive training in ballet and will have the opportunity to perform. Ballet Co. students must be taking an additional ballet class.

Performing Company: A talented group of dancers who compete and performing locally and nationally.

Northwest Fusion: A Pre-Professional company for dedicated dancers looking for intensive dance training that will prepare them for a professional dance career.

Accelerated and Gymnastics Teams

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>ACCELERATED GYMNASTICS CLASSES</u>			
<u>Girls Gymnastics</u>			
Hot Shots A (\$161)	T/TH	3:45-5:15	G
Hot Shots B1 (\$161)	T/TH	12:30-2:00	G
Mini Pre-Team (\$196)	M/W	3:45-5:45	G
Pre-Team (\$260)	M/W/TH	4:00-6:00	G
Level 4A (\$284.50)	M/T/TH	4:00-6:45	G
Level 4B (\$284.50)	T/TH	4:00-6:45	G
	S	9:00-11:45	

Boys Gymnastics

Jr. Trainers B (\$161)	T/TH	3:30-5:00	G
Jr Trainers A (\$213.50)	M/W/TH	3:30-5:00	G
Pre-Team (\$196)	T/TH	3:30-5:50	G

Rhythmic Gymnastics

Rising Stars (\$126)	T	5:30-6:30	TC
	TH	4:00-5:00	TC
Future Stars (\$161)	M/TH	4:00-5:30	TC
		<i>(Plus one hour ballet required)</i>	

CLASS DESCRIPTIONS

All Classes are Teacher Placement Only

Boys Competitive Team: Qualification required. Class 4 - 10 Boys Gymnastics competitive team. Competes on a state, regional and national level.

Boys Jr. Trainers: A developmental class for younger gymnasts focusing on strength, flexibility, and basic gymnastics skills.

Girls Competitive Team: Qualification required. Levels 4- 10 Girls Gymnastics competitive team. Competes on a state, regional and national level.

Hot Shots: A developmental class for younger gymnasts focusing on strength, flexibility, and basic gymnastics skills.

Level 4: Gymnasts begin training level 4 competitive routines and participate in USAG competitions when ready.

Mini Pre-Team & Pre-Team: Gymnasts work on perfecting their skills, strength & flexibility needed for competitive gymnastics.

Rhythmic Competitive Team: Qualification required. Level 4-10 Girls Rhythmic Gymnastics competitive team. Competes on a state, regional and national level.

Rhythmic Rising/Future Stars: Students are selected for a more extensive training in Rhythmic Gymnastics using hoop, ball, ribbon, club & rope.

TRAINING CENTER (TC)

9896 S.W. Tigard St., Tigard, OR 97223

Directions:

Traveling West on Hwy. 99, turn left onto Main Street, turn right onto Tigard St. The Tigard Industrial Park is 4/10th's of a mile on the left. Drive straight to the end of the lot & turn right. The Training Center is the last door on the right.

Traveling East on Hwy. 99, turn right onto Main Street, turn left onto Tigard Street. The Tigard Industrial Park is 4/10th's of a mile on the left. Drive straight to the end of the lot & Turn right. The Training Center is the last door on the right.

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<u>WESTSIDE GIRLS GYMNASTICS TEAM</u>			
Compulsory Level 5 (12 hrs- \$317)	M/W/F	4:00-8:00	G
Compulsory Level 6 (12 hrs- \$317)	T/TH/F	4:00-8:00	G
Pre-Optional (\$16 hrs- \$337)	M/W/TH/F	3:30-7:30	G
Optional B (16 hrs- \$337)	M/T/TH/F	4:00-8:00	G
Optional A (19 hrs- \$352)	M/T/W/TH	3:15-7:30	G
	F	3:15-5:30	G

WESTSIDE BOYS GYMNASTICS TEAM

Level 4B (6 hrs-\$260)	T/TH/F	5:30-7:30	G
Level 4A (6 hrs- \$260)	M/W/TH	3:30-5:30	G
Level 5 (7.5 hrs- \$277)	M/W/TH	5:30-8:00	G
Level 6 (12 hrs- \$317)	M/W/TH	5:00-9:00	G
Level 7-8 (17 hrs- \$342)	M/W/TH	5:00-9:00	G
	T	4:00-9:00	G
Level 9-10 (17 hrs- \$342)	M/W/TH	5:00-9:00	G
	F	4:00-9:00	G

WESTSIDE RHYTHMIC GYMNASTICS TEAM

Level 4 (7hrs-\$272)	T	5:15-7:15	TC
	TH	4:00-6:00	TC
<i>(Plus 2 hrs. Dance)</i>	S	12:30-3:30	TC
Level 5 (8.5 hrs-\$287)	M	4:00-6:30	TC
	F	4:00-7:00	TC
<i>(Plus 2 hrs. Dance)</i>	S	12:30-3:30	TC
Level 6 (11 hrs-\$312)	M	4:00-8:00	TC
	TH	4:30-8:00	TC
<i>(Plus 3 hrs. Dance)</i>	S	12:30-4:00	TC
Level 7-10 (19.5 hrs \$354.50)	M/T/TH	5:30-9:00	TC
	F	4:00-9:00	TC
<i>(Plus 3 hrs Dance)</i>	S	9:00-1:00	TC
Group Rhythmic	S	3:30-5:30	TC

ACCELERATED GYMNASTICS

CLASS TUITION

50 min - 1 hour per week	\$ 63.00 per month
1 hour & 15 minutes per week	\$ 78.00 per month
1 hour & 30 minutes per week	\$ 94.00 per month
2 hours per week	\$126.00 per month
3 hours per week	\$161.00 per month

If your family is enrolled in both dance & gym your 3rd hour of class will be discounted.

Dance \$32/hr Gym \$35/hr

A 20% discount is given to individual & multiple family members enrolled in both Performing Company

SPECIAL PROGRAMS

First Fridays

The First Friday of each month

9:00 am - 12:00 noon **Ages 3 - 5**

½ day preschool fun the first Friday of every month.

A different theme will be offered each month. Have fun with Higgly Town Heroes, Forest & Fairy Fantasy, Winnie the Pooh, Cartoon Clubhouse, Jo Jo's Circus, Sesame Street, Angelina's Princess Ballet, Fairy Tale Theater and so much more!

Be sure to bring a snack!

Members: \$27.00 Non-Members \$30.00

Learning has never been so much fun!

Pre Registration is Requested.

First Saturdays

The First Saturday of each month

1:30 pm - 4:30 pm **Ages 6+**

3 hour Gym Camp the First Saturday of every month.

A different theme will be offered each month. Have fun with Jedi Gymnastics Training, American Girl Dance Camp, Pirate Treasure, Miley Mania Gymnastics, High School Musical 3, Gym"Kinz", Dance"Kinz", Camp Rock & many more!

Be sure to bring a snack.

Members: \$27.00 Non-Members \$30.00

Pre Registration is Requested.

Indoor Play Park

Monday, Tuesday & Friday 11:30 am - 12:30 pm

Ages 6 and Under

Children enjoy free time in the gym with their parent or responsible adult.

Members \$7.00 each or \$10.00 per family

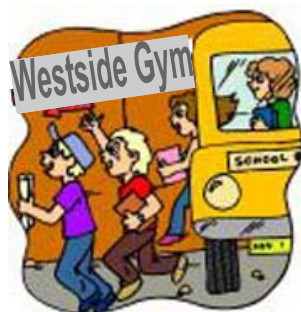
Non-members \$9.00 or \$13.00 per family

A perfect way to get those wiggles out on a rainy day!

In House Field Trips

Our fun-filled package includes 60-90 minutes in the gym/dance room with an instructor who will introduce your students to the world of Gymnastics or Dance!

Call for available times and prices.



Lunch Bunch

Monday thru Friday 11:30-1:30 or 12:00-1:30 pm

for all Preschool Aged Students

Bring your own lunch and enjoy supervised creative play and open gym time!

\$12.50 per child for 2 hrs or \$10.00 for 1 1/2 hrs

Punch Cards are available for your convenience.

Open Gym

Saturday 12:00 pm - 1:15 pm **Ages 6 +**

Members \$7.00 each or \$10.00 per family

Non-members \$9.00 or \$13.00 per family

For Safety, Parents are NOT allowed in the gym.

Parents Night Out

Saturdays 6:30 pm - 10:00 pm **Ages 4-12**

Let your Kids enjoy non-stop fun in the gym.

Jump in the foam pit, bounce on the trampoline, and play in the bounce house. Practice your gymnastics skills and learn some new games. For added enjoyment, activities such as dress up, crafts, and dancing are occasionally offered.

Members: \$20.00 per child ~ \$30.00 for 2 children

Non-Members: \$23.00 per child ~ \$33.00 for 2 children

New this year!

Pizza will be served for an additional \$5.00 per child!

Pre Registration is Requested.

Party Packages ~ (Gymnastics or Dance)

Basic Party Package (includes invitations)

45-55 fun-filled minutes in the gym or dance room

35-45 minutes to celebrate in a party room

Gymnastics Party - Up to 10 Children (1 instructor)

Members: \$160.00 Non-Members: \$170.00

Gymnastics Party - 11-20 Children (2 instructors)

Members: \$195.00 Non-Members: \$205.00

Gymnastics Party - 21-30 Children (3 instructors)

Members: \$230.00 Non-Members: \$240.00

Hannah Montana and/or Hip Hop Dance Hits Party - Up to 10 Children (1 instructor)

Members: \$175.00 Non-Members: \$185.00

Each additional guest (up to 3 only): \$6.00 more

Princess Dance Party - Up to 10 Children (1 instructor)

Members: \$175.00 Non-Members: \$185.00

Each additional guest (up to 3 only): \$6.00 more

Westside Dance & Gymnastics Academy

Policy Sheet

Business Hours:	Monday - Friday	9:00 a.m. - 9:00 p.m.
	Saturday	9:00 a.m. - 6:00 p.m.
	Sunday	11:00 a.m. - 6:00 p.m.

Registration: A one-time family membership fee of \$25.00, includes full membership & member discounts to all programs in the facility. There will be a \$10.00 re-start fee for any member that drops and chooses to re-enroll in classes.

Tuition: Tuition is based on 48 weeks of classes per year, an average of 4 weeks of classes per month. *(Some months you will have 5 classes and some months you will have 3.)* **Tuition is due the FIRST DAY of the month, not the first class of the month.** Late fees will automatically be charged to all accounts with a balance due after the first. It is recommended and encouraged that tuition is processed through the Electronic Funds Checking Transfer System. Our EFT system is 100% safe and confidential. Customers enrolled in EFT have the added benefit of charging pro shop items and other fees to their account. Westside Academy also accepts checks and cash. **Credit & Debit cards are not accepted.**

Recital and Mini Olympic Fees: Our year-end dance Recitals and Mini-Olympics are very special opportunities for our Westside stars to "shine." On November 1st, a recital fee will be charged to all dance students for each class in which they are enrolled. Recital fees include: *costume, costume administration (ordering, shipping, processing), administration and staffing of event, & year-end achievements.* On March 1st, a Mini-Olympics fee will be charged to all gymnastics students. Mini-Olympics fees include: *uniform, uniform administration (ordering, shipping, processing), administration and staffing of event, & year-end trophies.* Westside has a 99% student participation rate in these events and we are excited to see your child reach for the stars! Fees are non-refundable once processed.

Missed Classes: Students are encouraged to schedule make-up classes through the front office. We do not pro-rate for missed classes or substitute for tuition payments. Open Gym is available to use as a make-up. All make-ups are forfeited if the student drops from the program.

Adding, Dropping or Transferring Classes: The customer is responsible for notifying the office of any changes to their child's enrollment. All adds, drops, and transfers will be effective at the time of notification.

NSF Payments: A \$35.00 fee will be charged to your account for each transaction that is returned "Insufficient Funds." This fee is non-negotiable.

Referral Credit: If you refer a new family to our facility and they register for a class, you can receive a \$20.00 credit towards your account. Referral forms are available at our main office.

Parking: Do not park in front of the door, along the yellow painted curbs or along the fire lane. Remember: *Children cannot be seen behind or in front of a parked car.* For everyone's safety, please use designated parking spots! Do not park behind the Westside Academy vans, as they make many trips during our regular business hours. Additional parking is available in the Tigard Cinema lot.

Bad Weather Policy: Westside Academy follows the Tigard School District for weather closures only. If Tigard School District is closed due to weather, so is the Academy. If they open late, we open at 10:30 a.m. For Saturday/Sunday classes, please call the Academy or check your local news station.

Newsletters: In our on-going effort to keep parents informed of upcoming events, classroom activities and general academy information, an academy notice is distributed the first week of each month. Additional copies are available at the front office.

Lost & Found: Please do not leave your personal items in the restroom. Westside Academy cannot be responsible for lost or stolen belongings. For those items left behind, please check the lost & found bins located in the restrooms.

Gymnastics Viewing Area: For our students safety as well as your own, we do not allow parents or students (*not in class*) to stand or sit in the gym during classes. The upstairs viewing area is designed for this purpose.

If you bring additional siblings with you, they must stay with you! Westside Academy cannot be responsible for children not in classes.

Parent Watch Week: Parents of dance students are encouraged to attend watch week. You may bring your still and/or video camera. Our Parent Watch Week dates are: December 13-19th, March 13-19th and June 14-19th.

Photos: For the safety of our gymnasts, please do not take flash pictures or use video cameras with bright lights when taking pictures in the gym.

Wireless Internet Service: We now have Wireless Internet Service available here at the Academy. The WEP Key is: 5036395388.

Calendar of Events

September 2009

- 1-5 No Dance Classes.
Office Open 8:00 am - 6:00 pm
- 5 No Parties or Parent's Night Out
- 5 Last Day of Summer Gym Classes
No Dance Classes or Parties
Office Open 8:00 am - 6:00 pm
- 6-7 Closed for Labor Day (Sunday classes schedule m/up)
- 8 Fall Classes Begin

October 2009

- 2 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 3 "First Saturday" Gym Camp (1:30-4:30) ages 4-12
- 4 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 9 All Day Activity Camp 7:30 am - 5:30 pm, Ages 6+
- 12 Columbus Day- Regular Class Schedule
- 17 Family Fun Night and Performing Arts Preschool
Preview 5:00-6:15 pm- All ages welcome
- 24 Parents Night Out "Halloween Fun Night" (6:30-10 pm)
- 25-31 Halloween Costume Week- wear your favorite costume
- 30 Halloween Day Camp, 9:00-12:00 noon (ages 2 1/2-6)
- 31 No Parents Night Out. Studio closes at 6:00.

November 2009

- 1 Dance Department Recital Fee Due- Automatically deducted with November EFT
- 1 Day Light Savings Time Ends- set clocks back 1 hour
- 6 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 7 Girls Team Home Meet- No Open Gym, PNO, Parties or "First Saturday"
- 8 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 9 Nutcracker/Holiday Showcase Tickets go on sale.
- 11 Veteran's Day- Regular Class Schedule
- 11 All Day Activity Camp 7:30 am - 5:30 pm, Ages 6+
- 26-29 Academy Programs Closed- Thanksgiving Holiday (Thurs, Fri, and Sat classes schedule a m/up)
- 28 Shop N'Drop 7:30 am-12:30 pm (ages 3+)
\$25 first child, 1/2 price each additional sibling

December 2009

- 4-5 Tentative Nutcracker Dress Rehearsal/Performances
- 4 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 5 "First Saturday" Gym Camp (1:30-4:30) ages 4-12
- 6 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 13 Westside Recreational Team Home Meet 5:30
- 13-19 Dance Department- Parent Watch Week
- 21 Regular Class Schedule
- 22-23 Office Open 8:00 am-6:00 pm
- 22-Jan 2 No classes- Winter Break (Thurs, Fri and Sat classes schedule a m/up)
- 24-27 Academy Programs Closed
- 28-30 Office Open 8:00 am-6:00 pm
- 31 Academy Programs Closed

January 2010

- 1 Academy Programs Closed
- 2 CLASSES RESUME
- 2 "First Saturday" Gym Camp (1:30-4:30) ages 4-12
- 3 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 4 Fall 2010 Preschool Registration Begins
- 8 Kids-N-Motion Family Fun Night and Performing Arts
Preschool Preview 5:00-6:15 p.m.
- 18 Martin Luther King Day-Regular Class Schedule
- 18 All Day Activity Camp 7:30 am -5:30 pm, Ages 6+
- 23-24 Boys Team Home Meet- No Open Gym, Parents Night Out or Birthday Parties

February 2010

- 1-14 Annual Valentines Sale - 20% off All Apparel
- 1-28 Student Evaluations for summer placements
- 5 "First Friday" -Kids Camp (9:00-12:00) ages 3-5

February 2010 (Continued)

- 6 "First Saturday" - Gym Camp (1:30-4:30) ages 4-12
- 7 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 15 Presidents Day- Regular Class Schedule
- 15 All Day Activity Camp 7:30 am - 5:30 pm, Ages 6+
- 21 Westside Recreational Team Home Meet 5:30

March 2010

- 1 Gymnastics Department—Mini Olympic Fee Due
Automatically deducted with your March EFT.
- 5 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 6 "First Saturday" Gym Camp (1:30-4:30) ages 4-12
- 7 Fusion Audition 12:00
- 7 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 13-19 Dance Department "Parent Watch Week"
(Classes will be held 3/20)
- 14 Daylight Savings Time- Set clocks forward 1 hour
- 22-27 NO CLASSES, NO INDOOR PLAY PARK -
Spring Break, Office Open 8:00 a.m. -6:00 p.m.
- 22-25 Camps- 9:00-12:00 (Gym, Dance, Preschool Camps)
- 22-26 All Day Activity Camp 7:30-5:30 pm ages 6+
- 26 Spring Day Camp 9:00-12:00 noon (Ages 2½-6)
- 28 Classes Resume

April 2010

- 2 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 3 "First Saturday" Gym Camp (1:30-4:30) ages 4-12
- 4 Easter -Academy Closed (Sunday classes schedule m/up)
- 5-11 Summer schedules and placements handed out
- 8 Fusion Concert Load in 6:00 pm-11:00
- 9 Fusion tech Rehearsal
- 10 Fusion Concert 2:00 and 7:00
- 12 Summer Registration for Classes & Camps begins
- 25 Westside Recreational Team Home Meet, 5:30 pm

May 2010

- 1-31 Recital Ticket Presale at Westside
- 1-8 Gym Class "Picture Week"- Pictures will be taken during class in your Mini Olympic Uniform
- 2 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 7 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 9 CLOSED Mother's Day (Sunday classes schedule m/up)
- 10-15 Dance Class "Picture Week" - Pictures taken during class in your Recital Costume
- 29-31 CLOSED - Memorial Day Weekend

June 2010

- 1 Recital Tickets on sale at Ticketmaster
- 4 "First Friday" -Kids Camp (9:00-12:00) ages 3-5
- 5 "First Saturday" - Gym Camp (1:30-4:30) ages 4-12
- 6 "First Sunday" Extreme Acro (1:00-3:00) ages 5+
- 12/13 "Mini Olympics" Gymnastics Department
No Open Gym, Parents Night Out or Parties.
- 14-19 Dance Department "Parent Watch Week" (Classes will still be held on Sat. the 13th)
- 16 Last day of extended care
- 17/18 Last day of Preschool, Annual Picnic
- 18 Last day of Indoor Play Park
- 19 Last day of Dance Classes.
- 20 ACADEMY CLOSED - Father's Day (Sunday classes schedule a m/up)
- 21 Summer CAMPS Begin
- 21-26 Dress Rehearsal & Dance Recital Performances
- 21-26 No Dance Classes. Dress Rehearsal & Recital for all dance students in lieu of classes.
- 18 Last day of Mon-Fri Gym Classes
- 26 Last Day of Saturday Gym Classes & Open Gym
- 27 Last Day of Sunday Gym Classes

July 2010

- 3/4 Academy Programs Closed
- 5 Summer CLASSES Begin