

# Summer Camps

<b>Week 1: June 15– 19th</b>			<b>Age</b>	<b>Week 7: July 27– July 31</b>			<b>Age</b>
M-TH	8:45 - 11:45	Circus Circus Gymnastics	3-12	M-TH	8:45 - 11:45	Circus Circus Gymnastics	4-12
M-TH	9:00 - 12:00	Musical Theater—Annie	6-12	M-TH	9:00 - 12:00	Pirates and Pixies Preschool	3-5
M-F	7:30 - 5:30	All Day Activity Camp	5-12	M-TH	9:00 - 12:00	Rock Starz Dance <i>(group will be divided by age)</i>	5-12
F	7:30 - 5:30	Field Trip Friday ( <i>Oregon Zoo</i> )	5-12	M-TH	9:00 - 12:00	Broadway Acro/Dance	7-9
<b>Week 2: June 22nd– 26th</b>			<b>Age</b>	M-F	7:30 - 5:30	All Day Activity Camp	5-12
M-TH	9:00 - 12:00	Cartoon Clubhouse Preschool	3-5	F	7:30 - 5:30	Field Trip Friday ( <i>Oak's Park</i> )	5-12
M-TH	8:45 - 11:45	Rhythmic Gymnastics ( <i>Training Center</i> )	4-12	F	9:00 - 12:00	Preschool Friday ( <i>Sesame Street</i> )	3-5
M-TH	9:00 - 12:00	Superhero Hip Hop	4-6	<b>Week 8: August 3-7</b>			<b>Age</b>
M-TH	9:00 - 12:00	American Girl Dance	6-8	M-TH	8:45 - 11:45	Rock Starz Gymnastics	3-12
M-TH	9:00 - 12:00	Rock Starz Dance	7-12	M-TH	9:00 - TBA	Girls Team Gymnastics	<i>Invitation Only</i>
M-F	7:30 - 5:30	All Day Activity Camp	5-12	M-TH	9:00 - 12:00	Princess Dance Preschool	3-5
F	7:30 - 5:30	Field Trip Friday ( <i>Oregon Trail, Park &amp; Trolley</i> )	5-12	M-TH	9:00 - 12:00	High School Musical Dance Mix	5-7
F	9:00 - 12:00	Preschool Friday ( <i>Winnie the Pooh</i> )	3-5	M-TH	9:00 - 12:00	Musical Theater—Grease	7-11
<b>Week 3: June 29th-July 2nd</b>			<b>Age</b>	M-TH	9:00 - 12:00	Evolution of Dance	7-12
M-TH	9:00 - 12:00	Xtreme Acro ( <i>Training Center</i> )	7+	M-F	7:30 - 5:30	All Day Activity Camp	5-12
M-TH	9:00 - 12:00	Musical Theater—Mary Poppins	5-7	F	7:30 - 5:30	Field Trip Friday ( <i>Jet Boat Ride</i> )	5-12
M-TH	9:00 - 12:00	High School Musical Dance Mix	6-8	F	9:00 - 12:00	Preschool Friday ( <i>Higgley Town Heroes</i> )	3-5
M-TH	9:00 - 12:00	Broadway Acro/Dance	7-12	<b>Week 9: August 10 - 14</b>			<b>Age</b>
M-TH	9:00 - 12:00	Disney Animal Mix Preschool	3-5	M-TH	8:45 - 11:45	Jedi Gymnastics	4-12
M-TH	7:30 - 5:30	All Day Activity Camp	5-12	M-TH	8:45 - 11:45	Rhythmic Gymnastics	4-12
<b>Closed Friday</b>				M-TH	9:00 - 12:00	Disney Animal Mix Preschool	3-5
<b>Week 4: July 6-10th</b>			<b>Age</b>	M-TH	9:00 - 12:00	Movie Madness Dance	6-8
M-TH	8:45 - 11:45	Jedi Gymnastics	3-12	M-TH	9:00 - 12:00	American Girl Dance	7-9
M-TH	9:00 - 12:00	Angelina Ballerina Preschool	3-5	M-TH	9:00 - 12:00	Westside Wildcats Dance Training	7-12
M-TH	9:00 - 12:00	Rock Starz Dance	6-8	M-F	7:30 - 5:30	All Day Activity Camp	5-12
M-TH	9:00 - 12:00	Westside Wildcats Dance Training	7-9	F	7:30 - 5:30	Field Trip Friday ( <i>Broadway Rose Theater</i> )	5-12
M-TH	9:00 - 12:00	Movie Madness Dance	7-12	F	9:00 - 12:00	Preschool Friday ( <i>Pirates and Pixies</i> )	3-5
M-F	7:30 - 5:30	All Day Activity Camp	5-12	<b>Week 10: August 17-21</b>			<b>Age</b>
F	7:30 - 5:30	Field Trip Friday ( <i>Rainbow Trout Farm</i> )	5-12	M-TH	8:45 - 11:45	Alien Adventure Gymnastics	3-12
F	9:00 - 12:00	Preschool Friday ( <i>Mickey and the Gang</i> )	3-5	M-TH	9:00 - 12:00	Angelina Ballerina Preschool	3-5
<b>Week 5: July 13-17</b>			<b>Age</b>	M-TH	9:00 - 12:00	Musical Theater—Mary Poppins	7-9
M-TH	8:45 - 11:45	Alien Adventure Gymnastics	4-12	M-TH	9:00 - 12:00	High School Musical Dance Mix	7-12
M-TH	9:00 - 12:00	Pirates and Pixies Preschool	3-5	M-TH	9:00 - 12:00	Broadway Acro/Dance	6-8
M-TH	9:00 - 12:00	American Girl Dance	5-7	M-F	7:30 - 5:30	All Day Activity Camp	5-12
M-TH	9:00 - 12:00	Rock Starz Dance	7-9	F	7:30 - 5:30	Field Trip Friday ( <i>Phillip Foster Farm</i> )	5-12
M-TH	9:00 - 12:00	Musical Theater—Mary Poppins	7-12	F	9:00 - 12:00	Preschool Friday ( <i>Dragon Tales</i> )	3-5
M-TH	5:00 - 8:00	Xtreme Acro ( <i>Westside Gym</i> )	7+	<b>Week 11: August 24-28</b>			<b>Age</b>
M-F	7:30 - 5:30	All Day Activity Camp	5-12	M-TH	9:00 - 12:00	Pirates and Pixies Preschool	3-5
F	7:30 - 5:30	Field Trip Friday ( <i>Fruit Loop - Hood River</i> )	5-12	M-TH	8:45 - 11:45	Rock Starz Gymnastics	4-12
F	9:00 - 12:00	Preschool Friday ( <i>Jo Jo's Circus</i> )	3-5	M-TH	9:00 - 12:00	Westside Wildcats Dance Training	5+
<b>Week 6: July 20-24</b>			<b>Age</b>	<i>(group will be divided by age)</i>			
M-TH	8:45 - 11:45	Rock Starz Gymnastics	4-12	M-TH	9:00 - 12:00	Evolution of Dance	7+
M-TH	9:00 - 12:00	Compulsory FX/BB Routine	<i>Invitation Only</i>	M-F	7:30 - 5:30	All Day Activity Camp	5-12
M-TH	9:00 - 12:00	Disney Animal Mix Preschool	3-5	F	7:30 - 5:30	Field Trip Friday ( <i>Oregon Coast/Tillamook cheese</i> )	5-12
M-TH	9:00 - 12:00	Westside Wildcats Dance Training	5-7	F	9:00 - 12:00	Preschool Friday ( <i>Under the Sea</i> )	3-5
M-TH	9:00 - 12:00	Evolution of Dance Accelerated	8+	<b>August 31-Sept 3</b>			
M-TH	9:00 - 12:00	Movie Madness Dance	7-9	M-TH	8:00 - 5:30	Performing Company Dance Clinic	<i>Invitation Only</i>
M-F	7:30 - 5:30	All Day Activity Camp	5-12	<i>(See Accelerated Page for details.)</i>			
F	7:30 - 5:30	Field Trip Friday ( <i>AC Gilbert Discovery Village</i> )	5-12				
F	9:00 - 12:00	Preschool Friday ( <i>Dora the Explorer</i> )	3-5				

## **ALL DAY ACTIVITY CAMP** For ages 5 - 12

Activities include: Dance, Gymnastics, Games, Acrobatics, Swimming, Theatre Arts Plays, Trampoline, Field Trips, Inflatable Bounce House Fun, Arts & Crafts, etc.

As part of the camp, students attend one of our half day morning camps each week. There is a field trip every day (M-Th 12:30-3:30, Fri 9:00-4:30). Afternoons we'll have crafts, organized gym time and group games. Bring your own lunch and morning snack but afternoon snack will be provided. For safety, all campers are required to wear a Westside Camp T-Shirt on field trips. *Friday Field Trip locations are subject to change.*

### **Members**

### **Non-Members**

**All Day (10 hours - 5 days)** \$235.00 per wk.

\$245.00 per wk.

**All Day (Monday-Thursday)** \$55.00 per day

\$60.00 per day

**All Day (Friday Field Trips)** \$60.00 per day

\$65.00 per day

**Camp T-Shirts: \$8.00 each**

## **PRESCHOOL FRIDAY**

For ages 3 - 5

9:00 a.m - 12:00 noon

Members: \$27.00

Non-Members: \$30.00

A new Adventure every Friday. Students will learn dances and create crafts related to the theme of the day like Dragon Tales, Sesame Street and Jo Jo's Circus. Campers will enjoy time in the Bounce Castle and trampoline. All -around preschool fun for your little one!

# Summer Camps

## HALF DAY~ PRESCHOOL ~ DANCE ~ GYM CAMPS

*Bring Your Own Snack to All Camps*

**Members:** \$100.00 per week

**Non-Member:** \$105.00 per week

### PRESCHOOL CAMPS:

**ANGELINA BALLERINA:** Learn ballet the Angelina way! Crowns and wands included. It is all about the PINK! Students learn proper ballet positions and perform a different ballet each day.

**CARTOON CLUBHOUSE:** Spend time with your favorite cartoon characters: Mickey and the Gang, Under the Sea, Higgly Town Heroes and Dragon Tales. Each day, activities, dance and art will center around a different shows' theme. Learn new dance steps as well as spending time in the gym.

**DISNEY ANIMAL MIX:** Each day will be a different Disney animal theme. Come learn and play with our animal friends from Lion King, 101 Dalmatians, Bugs Life and much more! This camp includes dance, gymnastics as well!

**PIRATES & PIXIES:** Come explore Pixie Hollow with the fairies in Neverland and ride the pirate ship with Captain Hook! Dance, Gymnastics, and Theatre Arts all related to our theme of the day!

**PRINCESS DANCE:** Calling all royalty...this camp is for you! All your favorite Princess songs and crafts (*princess related of course*). Wands, tiaras and more! Includes dance and gymnastics! Come dressed as the princess of the day! Monday-Cinderella, Tuesday-Belle, Wednesday- Ariel and Thursday is Princess Party.

### DANCE CAMPS:

**AMERICAN GIRL:** Bring your favorite American Girl Doll, (*or another doll*) and join us for a wonderful All-American-Girl week. Monday is "Molly", learn to twirl the baton and become a majorette. Tuesday is "Kaya", where students dance to "Pocahontas" and make American Indian crafts. Wednesday is "Felicity", students will learn a country dance and create crafts related to horses and the West. Thursday we celebrate Hawaii. Learn a traditional Hula with your favorite doll.

**BROADWAY ACRO/DANCE:** Learn basic tumbling moves, partner tricks, head stands, hand stands, cartwheels and more, combined with dance moves for fun routines. Each day has a different theme from a popular Broadway Show...Monday is "Mamma Mia", Tuesday is "Wicked", Wednesday is "Little Mermaid", and Thursday is "Mary Poppins".

**EVOLUTION of DANCE:** Each day, a different decade of dance. Start the week off with a "Hop" from the 50's, get "Groov'n" with styles of dance from the 60's. Dance the Disco, and finish off the week with fancy footwork from the 80's and 90's. Fast steps and fun for everyone!

**EVOLUTION of DANCE (ACCELERATED):** This camp is *limited to students at the advanced recreational and accelerated levels, including pre-companies*. Learn about dance styles from different eras and learn about choreographers who changed the face of dance. Everything from Fosse through Disco, from the early development of Modern Dance to the "Can Can" at the Moulin Rouge.

**HIGH SCHOOL MUSICAL DANCE MIX: From Freshman to Graduation!** It's a "Mad-Awesome dance & theatre camp"... students learn the latest dance steps as they perform routines from all their favorite HSM songs. Play out your favorite scenes with Troy, Gabrielle and all the HSM gang.

**MUSICAL THEATER: ANNIE, GREASE, and MARY POPPINS!** Sing, Dance and Act! Put together props and costumes! Do it all! Each day a different song, dance & dialogue will be offered. Students have fun while learning projection, basic stage direction and showmanship.

**MOVIE MADNESS:** Enter the worlds created in your favorite movie hits through dance. Lock chopsticks with Kung Fu Panda, explore your animal instincts as you leap and turn like animals from Madagascar, rev your engine on the set of Cars and explore French life with everyone's favorite chef—Ratatouille.

**ROCK STARZ:** Students will learn a new hip hop dance each day to one of your favorite songs! Come with your hair done as "wild as you like" and we will add the spray and glitz...we will also do fun make-up each day to give our "Stars" the total experience! Let the inner Rock Star shine!

**SUPER HERO HIP HOP:** Come dressed as your favorite Super Hero! All Hero's will learn a different hip hop dance each day. They will also make crafts related to the theme of the day. Monday is Spiderman, Tuesday is Superman, Wednesday is Buzz Light Year and Thursday is Batman!

**WESTSIDE WILDCATS DANCE TRAINING:** High-energy dance camp featuring sports-themed dance and cheerleading routines from all of the High School Musical movies. Dance to "Get Your Head in the Game," "I Don't Dance", "Now or Never" and "We're All in This Together!"

**XTREME ACRO (7+):** Focus on all the elements of Acrobatics and Gymnastics. A combination of flexibility, balance, strength, muscle control, discipline, and concentration (*skills you can take with you anywhere!*). Basic and advanced tumbling skills can be an added bonus for any dancer or athlete. Come and learn while having fun! Participants must already have front and back walkovers. This camp is designed for the advanced tumbler.

### GYMNASTICS CAMPS: (students will be divided by age and ability levels in these camps)

**ALIEN ADVENTURE:** Calling all Martians, Extra-Terrestrials and One-Eyed Creatures - join us in our galaxy of gravity-defying trampolines, bounce house space station and moon rock foam pit. Learn to tumble, twist and contort your body alongside creatures of the outer-world.

**CIRCUS CIRCUS:** Join us for boredom-defying, laughter-inducing games, prizes and more as you twist, bend and flip under the big top.

**LEVEL 4-6 FX/BB ROUTINE:** Start fall season with beautiful floor and beam routines!! 2009 brings, that's right, New FX Music!! Patient, Clear and FUN choreography routine training with Team Choreographers! Skip the need for those private lessons later! Plus, c'mon pointing your toes can be FUN!!

**GIRLS TEAM GYMNASTICS:** All Girls Artistic Teams and Coaches in the gym at once, Level 4-9!! All day baby! AM and PM sessions in the gym with fun, team-building excursions in the mid-day! We didn't do it last year, Why? This will be the week-long event of the summer. Get new skills, Big Sister/Little Sisters. Details are in the works.. Not to be missed! (Prices and Details Available Soon)

**"JEDI" GYMNASTICS:** "May the Force be with you"! Campers incorporate gymnastics skills with "JEDI" training. Young "Troopers" experience lightsabers, flips n' tricks and crafts that are "out of this Galaxy". A great camp for skill building, coordination and balance work.

**ROCK STARZ:** A gymnastics camp for the "Stars of tomorrow"... Students learn new skills each day, while rocking out to the music of Miley Cyrus, the Jonas Brothers, Camp Rock and Spectacular! Come with your hair done as "wild as you like" and we will add the spray and glitz...We will also do fun make-up each day to give our "Stars" the total experience. Let the inner Rock Star shine as we flip, tumble and roll the week away!

**RHYTHMIC GYMNASTICS:** Campers of all levels will participate in rotations with all Rhythmic Gymnastics equipment including hoops, balls, ribbons, clubs and ropes. A great chance to experience this beautiful sport with a variety of skills.

# Dance Classes

## KIDS-N MOTION - Ages 2.5 - 6 yrs.

	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
Princess Ballet	2.5-3	F	9:00-10:00	C
Princess Ballet	3-5	Sat	10:30-11:30	A
Princess Ballet	4-5	T	12:30-1:30	B
Princess Ballet II	4-5	W	2:00-3:00	B
PreBallet Express I	4-5	M	1:30-2:30	C
PreBallet Express II	5-6	TH	2:30-3:30	B
Tap/Princess Ballet	3-5	TH	6:00-7:00	B
Tap/Jazz/Tumble	2.5-3	Sat	9:30-10:30	A
Tap/Jazz/Tumble	3-5	W	1:00-2:00	A
Tap/Jazz/Tumble	4-5	Sat	11:30-12:30	A
Tap/Jazz/Tumble	4-6	TH	12:30-1:30	A
Tap/Jazz/Tumble II	4-5	F	10:00-11:00	C
Dance Express I	4-5	M	12:30-1:30	A
Dance Express II	5-6	TH	3:30-4:30	B
Hip Hop	4-6	Sat	11:30-12:30	C
Hip Hop	4-6	T	1:30-2:30	B



We offer a variety of opportunities to discover the art of dance. Classes are available from ages 2 1/2 through adult. Each class is structured to match the age and abilities of the individual. Our goal is to help children develop self-confidence, coordination, rhythm, flexibility and an overall knowledge of dance. Our students perform on stage at our annual dance recitals held in June downtown at the Newmark Theatre. Westside Dance & Gymnastics Academy is also the home of the Westside Performing Company, a talented group of dancers who perform at community events, and travel nationally for competitions and training.



## RECREATIONAL DANCE (Ages 6+)

	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>ACROBATICS</u></b> ( <i>Tumbling</i> )				
Open Acro	6-12	T	2:30-3:30	A
<b><u>FLEXIBILITY &amp; CORE STRENGTHING</u></b>				
Open	8+	W	4:00-5:00	C
Open	8+	M	4:30-5:30	C

## RECREATIONAL DANCE (Ages 6+)

	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>Tap/Jazz/Tumble</u></b>				
Beg.	6-8	T	3:00-4:00	B
Beg./Int.	6-9	Sat	9:30-10:30	B
<b><u>Tap/Pre-Ballet</u></b>				
Beg.	5-7	M	6:30-7:30	D
<b><u>Tap/Jazz</u></b>				
Beg.	7-9	TH	4:30-5:30	B
Int.	8-10	M	7:30-9:00	A
Adv.	9-12	W	5:30-7:00	A
Accelerated	12+	M	5:30-7:30	CB
<b><u>Tap</u></b>				
Open Level	Adult	T	8:00-9:00	B
Accelerated	12+	M	6:30-7:30	B
<b><u>Jazz</u></b>				
Beg.	12+	W	7:00-8:00	A
Int./Adv	12+	TH	7:00-8:00	B
Accelerated	12+	M	5:30-6:30	B
Jazz Technique	8+	F	1:00-2:00	A
Open	Adult	M	7:30-9:00	B

## **BOYS CLASS**

Open	8+	F	11:00-12:00	B
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## **HIP HOP**

Beg.	6-8	T	3:30-4:30	A
Beg.	7-10	Sat	10:30-11:30	C
Beg.	12+	W	8:00-9:00	A
Int.	8-11	T	6:00-7:00	B
Int./Adv.	12+	T	7:00-8:00	B
Accelerated	8-11	W	6:00-7:00	B

## **PRE-BALLET**

Beg.	6-8	M	3:00-4:00	B
Beg./Int.	6-9	Sat	9:30-10:30	C
Int.	7-9	T	1:30-2:30	C
Adv.	7-9	T	12:30-1:30	C

## **BALLET**

Beg.	9+	W	5:00-6:00	C
Int./Adv.	9+	TH	1:30-2:30	C
Teen	12+	TH	8:00-9:00	A
Adult	Open	W	6:30-7:30	D
Pre-Pointe	11+	TH	8:00-9:00	B
Beg. Pointe	11+	W	7:30-8:30	C
Pointe A	11+	T	8:30-9:30	C
Pointe B	11+	TH	8:30-9:30	C
Accelerated Pointe	11+	M	8:00-9:00	C

# Dance Classes

## CLASS DESCRIPTIONS

**Accelerated HipHop: (Teacher Placement)** Students are selected for more extensive training in Hip Hop.

**Acrobatics (Acro):** Class focus is on tumbling skills. This class combines limbers, tumbling & double tricks. An energetic class that is great for the student who likes to bounce, flip and bend!

**Ballet:** Learn classical positions, barre work, center floor, leaps & turns (Various levels). Westside offers a Ballet Company for more advanced students by teacher placement. Dancers participate in the Nutcracker each winter.

**Boys Class:** This is a high energy class. This class will focus on current dance moves with some structure on how to put movement together.

**Dance Express: (Teacher Placement)** An accelerated program for younger dancers. Includes classes in Tap, Jazz, and Tumble. Members perform locally.

**Flexibility (Flex):** A class designed for students interested in improving flexibility. An hour focused on safe stretching & increased muscle elasticity. Perfect for "getting your splits down"

**Hip Hop:** This high energy class highlights popular dance steps seen in current music videos. Music and dance moves are always age appropriate. Fast paced and fun! (Various ages and levels).

**Jazz:** This class includes the latest dance moves, flexibility, kicks, turns, leaps & dance routines. A great basis for school dance teams, theatre & cheer. Adult Jazz focuses on Broadway dance. (12+, various levels).

**Jazz Technique:** A technique class designed for our Accelerated Hip Hop and Acro students to improve their dance skills.

**Pointe & Pre-Pointe:** Teacher Placement classes. Students are required to take at least 2 advanced level Ballet classes in addition to their Pointe class.

**Pre-Ballet:** The perfect class for the younger student. This class emphasizes ballet positions, barre work, center floor, leaps & turns. (Various ages and levels).

**Pre-Ballet Express:** Some of our youngest ballerinas are invited to train at a more advanced level and participate in our winter Nutcracker performance. (Two levels.)

**Princess Ballet:** Students are introduced to ballet while discovering their inner princess! Music and movement are coordinated to popular princess music and themes. (Two levels).

**Tap/Jazz:** For both boys and girls, this combination class designed for our older students. A chance to progress in both tap and jazz skills. (Multiple levels).

**Tap/Jazz/Tumble:** Boys and girls ages 2 1/2 -10. Learn the joy of dance and tumbling in our most popular combination class (Various levels and ages).

**Tap/Princess Ballet (Pre-Ballet):** A favorite combination class. Students enjoy learning basic tap skills as well as basic ballet positions and technique.

## DANCE CLASS TUITION

50 min-1 hour per week	\$ 60.00 per month
1.5 hour per week	\$ 90.00 per month
2 hours per week	\$120.00 per month
Each Additional Family hour	\$32.00 per hour

**Membership:** A one-time family membership fee of \$25.00 includes full membership to all programs in the facility. A \$10.00 re-start fee will be charged to members that have dropped and wish to re-register at a later date.

## DANCE DRESS CODE

Please do not wear anything that is not listed below.  
No Jewelry. Hair should be tied back and off the neck.

### Males:

Tank tops, fitted T-shirts, shorts or dance pants

### Females:

Any color leotard, tights or dance shorts or pants

### Shoes:

- **Tap/Jazz/Tumble:** Tap shoes and jazz or ballet shoes required
- **Hip Hop:** Black jazz sneakers.
- **Acrobatics:** Any color or print leotard.

## BALLET DRESS CODE

### Males:

Black leggings, black leotard or white T-shirt  
Black Ballet Shoes

### Females:

- **Princess Ballet:** Any color pastel leotard, pink tights, pink ballet shoes
- **Pre Ballet:** Pink or black leotard, pink tights, pink ballet shoes
- **Ballet:** Black leotard, pink tights pink ballet shoes



# Gymnastics Classes

## KIDS-N-MOTION - GYMNASTICS 5 & UNDER

19 mo.— 3 yrs. (Parent Participation)

<u>Day</u>	<u>Time</u>	<u>Room</u>
TH	10:30-11:20	G
Sat	9:00-9:50	G

3 & 4 years (Must be 3 by June 1, 2009)

<u>Day</u>	<u>Time</u>	<u>Room</u>
M	4:30-5:20	G
T	9:30-10:20	G
T	10:30-11:20	G
T	6:00-6:50	G
TH	9:30-10:20	G
TH	10:30-11:20	G
Sat	9:00-9:50	G
Sat	10:00-10:50	G

4 & 5 years (Must be 4 by June 1, 2009)

<u>Day</u>	<u>Time</u>	<u>Room</u>
M	3:30-4:20	G
TH	9:30-10:20	G
TH	6:00-6:50	G
Sat	9:00-9:50	G
Sat	10:00-10:50	G

4 & 5 years Gym Stars (Must be 4 by June 1, 2009)

<u>Day</u>	<u>Time</u>	<u>Room</u>
M	10:30-11:20	G
T	10:30-11:20	G
T	6:00-6:50	G
TH	3:30-4:20	G
Sat	9:00-9:50	G
Sat	10:00-10:50	G

3-5 years (Must be 3 by June 1, 2009)

<u>Day</u>	<u>Time</u>	<u>Room</u>
Sun	1:00-1:50	G

4-6 years (Must be 4 by June 1, 2009)

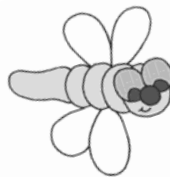
<u>Day</u>	<u>Time</u>	<u>Room</u>
Sun	2:00-2:50	G

Boys Only 4 & 5 years (Must be 4 by June 1, 2009)

<u>Day</u>	<u>Time</u>	<u>Room</u>
M	5:00-5:50	G
Sat	10:00-10:50	G

4-5 years Adv. Girls (Teacher Placement)

M	9:15-
10:30	G
T	1:45-
3:00	G



## RECREATIONAL - GYMNASTICS 6 & OVER

<u>Day</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>
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### BOYS GYMNASTICS

Open	6+	M	3:30-4:45	G
Open	6+	T	4:45-6:00	G
Open	6+	W	3:30-4:45	G
Open	6+	W	4:45-6:00	G
Open	6+	TH	3:45-5:00	G
Open	6+	Sat	11:00-12:15	G
Open	6+	Sun	3:00-4:15	G

### GIRLS RECREATIONAL TEAM GYMNASTICS

Open	6+	M	5:30-7:30	G
Open	6+	W	4:00-6:00	G

### OPEN TUMBLING

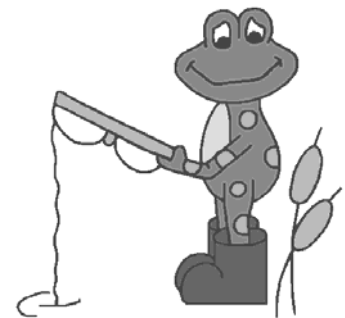
Open	6+	W	6:00-7:30	G
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### GIRLS RHYTHMIC GYMNASTICS

1	5+	T	3:30-4:45	G
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### GIRLS ARTISTIC GYMNASTICS

1	6+	M	3:30-4:45	G
1	6+	T	4:45-6:00	G
1	6+	T	6:00-7:15	G
1	6+	W	3:30-4:45	G
1	6+	Sat	11:00-12:15	G
2	6+	M	4:45-6:00	G
2	6+	T	3:30-4:45	G
2	6+	TH	4:45-6:00	G
2	6+	Sat	11:00-12:15	G
2 Adv.	6+	M	3:30-4:45	G
2 Adv.	6+	W	4:45-6:00	G
3 Adv.	6+	T	1:00-3:00	G
3 Adv	6+	TH	1:00-3:00	G
3	6+	T	4:45-6:00	G
3	6+	TH	3:30-4:45	G
3	6+	Sat	11:00-12:15	G
4	6+	T	3:30-4:45	G
4	6+	TH	4:45-6:00	G



# Gymnastics Classes

Established more than 25 years ago, Westside Academy proudly offers one of the premier gymnastics facilities in Oregon - 10,000 square feet of USA Gymnastics certified events training. Westside Academy looks forward to providing your child with safe, challenging gymnastics instruction, from beginning recreational on up to competitive team. Our annual "Mini Olympics" exhibition held in June gives all students a chance to demonstrate their progress. Westside Academy is also the home of the Westside Girls, Boys and Rhythmic Gymnastics Competitive Teams. Westside Competitive Teams have had great success at the state, regional and national level. Gymnastic meets are held throughout the year at Westside. See Calendar of Events for dates. The Academy's qualified and experienced teaching staff provides instruction to children of all ages, helping them learn coordination and confidence. Our instructors attend National and Regional gymnastics clinics and seminars to stay up-to date on current trends in sports instruction, passing along to your child the extra edge to be a WINNER!



## CLASS DESCRIPTIONS

**Gymnastics (Kids-N-Motion):** Class focus is on strength, flexibility, balance, coordination & pre gym skills while discovering movement and activities on all gymnastics apparatus.

**Gymnastics (Parent Participation):** Designed especially for the toddler to build confidence & gross motor skills through music and movement while exploring pre-gymnastics skills.

**Gym Stars:** This class is designed for students with previous gymnastics training. These students will work on basic and intermediate skills.

**Boys & Girls Gymnastics:** Class focus is on teaching proper basics for Beginning to Advanced levels on all Olympic Gymnastics events.

**Rhythmic Gymnastics:** Students will learn dance & tumbling skills while using hoops, balls, ribbons, clubs & ropes.

**Open Tumbling:** Designed to teach the proper progressions, flexibility and training to gymnasts who are wanting to learn beginning to advanced floor skills.

## GIRLS RECREATIONAL TEAM

If you have a competitive streak but can only come to class once a week, this is the class for you. This will be an open level class where students focus on proper progressions and technique, while putting together simple routines for fun competitions held during the school year. Routines will be choreographed according to each student's skill level.

## GYMNASTICS CLASS TUITION

50 min - 1 hour per week	\$ 63.00 month
1 hour & 15 minutes per week	\$ 78.00 month
1 hour & 30 minutes per week	\$ 94.00 month
2 hours per week	\$126.00 month
Each additional family hour	\$ 35.00 month

*\$25.00 Family Membership due at time of registration.*

*If your family is enrolled in both dance and gym you will receive 1/2 off the lesser cost of your 3rd hour of class.*

**Membership:** A one-time family membership fee of \$25.00 includes full membership to all programs in the facility. A \$10.00 re-start fee will be charged to members that have dropped and wish to re-register at a later date.

## GYMNASTICS DRESS CODE

*(Please do not wear anything to class that is not listed below)*

*No Jewelry*

- Males:** Gym shorts, fitted T-Shirts, tank tops or warm ups. No jeans.
- Females:** Any color or print leotard, bike shorts. No tights or skirts.
- Hair:** Hair should be pulled back away from face or put in a ponytail.



# OPEN GYM!

**Ages 6 & up**

*(No parents allowed in gym)*

**Saturdays ~12:30-2:00**

**Members: \$7.00 each or \$10.00 per family**  
**Non-Members: \$9.00 each or \$13.00 per family**

# Dance & Gymnastics Accelerated Classes



Note: All classes on these two pages are Teacher Placement only.



	<u>Day</u>	<u>Time</u>	<u>Room</u>	
<b><u>PERFORMANCE GROUPS CLASSES</u></b>				
Mini Pre-Co	T	W	4:30-5:30	A
	B/J	F	12:00-2:00	CC
Jr Pre-Co	T/J	M	12:30-3:00	BB
	J/B	TH	6:00-8:00	AA
Sr Pre Co	T/J	T	7:00-9:00	AA
	B/J	F	11:00-1:30	CB

## **ELITE ACRO TECHNIQUE**

Acro Express Tech 1	T	9:00-10:00	TC
Acro Express Tech 2	T	9:00-10:30	TC
Elite Acro Tech 1	W	9:00-10:30	TC
Elite Acro Tech 2	T	10:30-12:00	TC
Elite Acro Tech 3	W	10:30-12:00	TC
Elite Acro Tech 4	TH	5:00-6:30	Gym
Jazz Tech Only	F	1:00-2:00	A

**Ballet Company:** An accelerated program for dancers who will receive extensive training in Ballet. Students must take an additional Ballet class each week. Company members will perform in the Nutcracker each winter.

**Elite Acro/Express:** An accelerated acrobatic performance group. Students take an additional Tap, Jazz or Ballet class in addition to their acrobatics class. Students will perform locally and regionally.

**HipNotic/HipNotic Jr. Crew:** An accelerated program for dancers who will receive extensive training in Hip Hop. They will perform and compete locally and regionally.

**Northwest Fusion:** A Pre-Professional company for dedicated dancers looking for intensive dance training that will prepare them for a professional dance career.

**PC Optional Hip Hop:** a class that will focus on Hip Hop technique and choreography. Recommended ages 8-12.

**PC Optional Lyr/Contemp.:** a class that concentrates on lyrical jazz and contemporary styles of dance. Recommended ages 8-12.

**PC Optional Musical Theatre:** a class that concentrates on performing musical theatre pieces of choreography. Recommended ages 8+.

**Performing Company:** A talented group of dancers who compete and perform locally and nationally. Performing Company includes Dance Force.

**Pre-Company:** Students are selected for a more extensive training in Tap, Jazz & Ballet. Members compete & perform locally.

**Technique Intensive:** A teacher placement class for serious dancers desiring more intense technical training to enhance their dance skills.



## **ACCELERATED GYMNASTICS CLASSES**

### **Girls Gymnastics**

	<u>Day</u>	<u>Time</u>	<u>Room</u>
Hot Shots B	M/W	1:00-2:30	G
Hot Shots A	T/TH	12:00-1:30	G
Mini Pre-Team	M/W	12:30-3:00	G
Pre-Team	M/W	12:30-3:30	G
Level 4B	M/TH	3:45-6:45	G
	W	2:00-5:00	G
Level 4A	M/TH	12:30-3:30	G
	T	2:00-5:00	G

**Hot Shots:** A developmental class focusing on strength, flexibility, and basic gymnastics positions.

**Level 4:** Gymnasts begin training level 4 competitive routines and participate in USAG competitions when ready.

**Pre-Team Groups:** Gymnasts work on perfecting their skills, strength & flexibility needed for competitive gymnastics.

### **Boys Gymnastics**

Boys Pre-Team	T/TH	12:30-2:30	G
Jr. Trainers	M/W	3:00-5:00	G

**Jr. Trainers/Pre-Team:** A developmental class for gymnasts focusing on strength, flexibility, and basic gymnastics skills.

### **Rhythmic Gymnastics**

Rising Stars Lv 3	T	12:00-1:00	TC
(2 hrs- \$126)	TH	12:30-1:30	TC
Future Stars Lv 4	M & TH	12:30-2:30	TC
(7 hrs-\$272) Ballet	T	1:00-2:00	D
	T	4:00-6:00	TC

**Rising & Future Stars:** Students are selected for a more extensive training in Rhythmic Gymnastics using hoops, balls, ribbons, clubs & ropes.

### **TRAINING CENTER (T/C)**

9896 S.W. Tigard St. Tigard, OR 97223

Tigard Industrial Park

#### **Directions:**

***Traveling West on Hwy. 99,*** turn left onto Main Street, turn right onto Tigard St. The Tigard Industrial Park is 4/10th's of a mile on the left. Drive straight to the end of the lot & take a right. The Training Center is the last door on the right.

***Traveling East on Hwy. 99,*** turn right onto Main Street, turn left onto Tigard Street. The Tigard Industrial Park is 4/10th's of a mile on the left. Drive straight to the end of the lot and take a right. The Training Center is the last door on the right.

**\*New Students, please pre-register at the Academy's main office for all classes held at the Training Center.**

# Performing Company & Gymnastics Teams

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>WESTSIDE HIP HOP COMPANY</u></b>			
HipNotic Jr. Crew	F	12:00-1:00	A
HipNotic	W	7:30-9:00	B
Jazz Tech Only	F	1:00-2:00	A

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>WESTSIDE BALLET COMPANY</u></b>			
Jr. Ballet Co A	M	3:30-4:30	C
Jr. Ballet Co. B	M	2:30-3:30	C
Teen Ballet Co A	T	6:00-7:00	C
Teen Ballet Co B	W	3:00-4:00	C
Senior Ballet Co.	TH	7:00-8:30	C

	<u>Day</u>	<u>Time</u>	<u>Room</u>	
<b><u>WESTSIDE PERFORMING COMPANY</u></b>				
Tech 1	<i>B/J</i>	T	4:00-6:00	CB
4 hrs (\$184 )	<i>T/J</i>	TH	4:00-6:00	CC
Tech 2	<i>T/J</i>	T	4:00-6:00	BC
5 hrs (\$216)	<i>B/J/T</i>	TH	12:30-3:30	CAA
Tech 3	<i>J/B/LT</i>	M	4:00-7:30	BAA
7 hrs (\$266)	<i>J/B/T</i>	W	12:30-4:00	BCB
Tech 4	<i>T/J/B</i>	T	12:30-4:00	AAC
7 hrs (\$266)	<i>LT/J/B</i>	TH	3:30-7:00	AAC
Tech 5	<i>B/J/HH/LT</i>	M	12:30-5:00	CAAA
8 hrs (\$282)	<i>T/J/B</i>	W	4:00-7:30	BBC
Dance Force	<i>J/T/B</i>	T	4:30-8:30	AAC
9.5 hrs (\$297)	<i>HH/LT/B</i>	TH	12:30-4:00	BBC
Perf. Prep	F	9:00-11:00	B	
Technique Intensive	F	1:30-3:00	B	

*\*\*LT = Leaps and Turns*

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>NW FUSION DANCE CO</u></b> 10 hrs (\$302)			
Co class/Ballet	M	5:00-8:00	BC
Ballet/Tap/Co.Class	W	12:30-4:30	CAA
Co Class	F	2:30-5:30	TC

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>PERFORMING CO. OPTIONAL CLASSES</u></b>			
Pre-Pointe	TH	8:00-9:00	B
Beg Pointe	W	7:30-8:30	C
Pointe A	T	8:30-9:30	C
Pointe B	TH	8:30-9:30	C
Accel. Pointe	M	8:00-9:00	C
PC Opt. Hip Hop	F	9:00-10:00	A
PC Opt. Lyr./Contemp.	F	10:00-11:00	A
PC Opt. Mus. Theat.	F	11:00-12:00	A
Flexibility	M	4:30-5:30	C
Flexibility	W	4:00-5:00	C
Conditioning & Flex	Sat	10:00-12:00	Gym
			<i>(\$10 a class)</i>

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>P/CO DANCE INTENSIVE</u></b> (Aug 31-Sept 3)			
Tech 1	M	6:30-8:00	WDA
Tech 2,3	M-TH	9:00-12:00	TC
Tech 4,5	M-TH	12:15-3:15	TC
Dance Force/Fusion	M-TH	3:30-6:30	TC

*A one-week camp for our PC/Fusion students who receive training with master teachers from around the country .*

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>WESTSIDE RHYTHMIC GYMNASTICS TEAM</u></b>			
Level 5	M	12:00-2:30	TC
(8.5 hrs- \$287)	T (Ballet)	1:00-2:00	D
	W	3:00-5:30	TC
	F	12:00-2:30	TC
Level 6	M	9:00-12:00	T
(10.25 hrs- \$304.50)	T (Ballet)	2:00-3:15	D
	W	3:00-6:00	TC
	F	12:00-3:00	TC
Level 7B	M	12:00-3:30	TC
(11.75 hrs- \$315.75)	T (Ballet)	2:00-3:15	D
	W	12:00-3:30	TC
	F	9:00-12:30	TC
Level 7A-10	M	9:00-12:30	TC
(18.5 hrs - \$349.50)	T	12:00-4:00	TC
	W	12:00-4:00	TC
	TH	9:00-12:30	TC
	F	9:00-12:30	TC

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>WESTSIDE GIRLS GYMNASTICS TEAM</u></b>			
Level 5	M/W	1:00-5:00	G
(12 hrs-\$317)	F	10:00-2:00	G
Level 6	T/TH	1:00-5:30	G
(13.5 hrs-\$324.50)	F	10:00-2:30	G
Pre-Optionals	M/W/TH/F	9:00-1:00	G
(16 hrs-\$337.00)			
High Flyers	T	1:00-5:00	G
			<i>Invitation only</i>
Optionals A	M/T/W/TH	9:00-1:30	G
(20.5 hrs-\$359.50)	F	11:30-2:00	G
Optionals B	M /T/TH/F	12:30-4:30	G
(16 hrs-\$337.00)			
Optionals C	M/TH/F	1:00-5:00	G
(16 hrs-\$337.00)	T	9:00-1:00	G
Conditioning & Flex Sat		10:00-12:00	G
			<i>(\$10 a class)</i>

	<u>Day</u>	<u>Time</u>	<u>Room</u>
<b><u>WESTSIDE BOYS GYMNASTICS TEAM</u></b>			
Level 4B	M/W	12:30-3:30	G
(6 hrs- \$260.00)			
Level 4A	M/W/TH	5:30-7:30	G
(6 hrs- \$260.00)			
Level 5	M/W/TH	3:00-5:30	G
(7.5 hrs- \$277.00)			
Levels 6-10	M/W	5:00-9:00	G
(21 hrs -\$362.00)	T/TH	4:30-9:00	G
	F	8:00-12:00	G



# Fall Preschool 2009

## Performing Arts Preschool curriculum includes:

Basic readiness skills, art, literature, dramatic play and social skills focusing on self-confidence, in a caring, nurturing atmosphere.

Because of our unique facility, Westside Performing Arts Preschool also offers the added bonus of including Gymnastics, Tap Dance, Jazz, Ballet, Music, Drama & Sports Fitness Fun into our curriculum.

We offer a creative environment that encourages children to build a positive self image, using their energy and talents in a fun, active atmosphere that enhances each child's unique individuality.

## Other fun activities:

Projects, Science, Field Trips, Drama, Story Time, and much, much more!



## 3 Year Olds (3 by 1/1/10)

Tues. & Thurs. 9:00 - 11:30 a.m.  
Tuition: \$165.00 per month Materials Fee: \$50.00

## 4 Year Olds (4 by 9/1/09)

*This class will be divided into two classes by age.*  
Mon., Wed., & Fri. 9:00-11:30 a.m.  
Tuition: \$205.00 per month Materials Fee: \$75.00

- \* The Tuition cost is based on a ten month school year of ten equal payments, thus full tuition is expected the first day of each month regardless of days missed.
- \* All Preschool students are welcome to take part in our annual Dance Recital and Mini Olympic Gymnastics Exhibition. *(Costume, tickets, and entry fees additional)*
- \* Students must be potty trained.

## Extended care for Preschool Students!

Enjoy lunch with the teacher as well as creative play and open gym time!

Monday thru Friday from 11:30 a.m. to 1:00 p.m.

Price: \$10.00 per day

*Extended care students need to bring their own lunch.*



# Fall After School Care 2009



## SCHOOL PICK UP FROM LOCAL SCHOOLS

## Activities include:

Gymnastics, Rhythmic Gymnastics, Tap Dance, Hip Hop, Jazz, Acrobatics, Ballet, Musical Theater, Field Trips, Games, Free Play in the Gym, Outdoor Fun, Snacks, Arts & Crafts and much, much, more!

Do you need a place for your child after school? Westside Academy After School Care Program provides a safe, fun, caring environment for your child. Westside provides your child with healthy snacks, homework time, fun gym time, field trips, movies, etc. **Students must be enrolled in a dance or gym class each day they attend.** Students need to be picked up by 6:00 p.m.

Westside provides pick up from schools on "early dismissal" days. All Day Activity Camps are often held during school "holiday closures."

(See our Parent-Student Policy Sheet for details.)

Tuition is based on a four week month and is due the first day of each month.



A 10% discount is given to additional family members enrolled in the After School Care program.

*(Friday is "Fun Day".....Field Trips, etc.)*

## SCHOOLS WE PICK UP FROM:

Alberta Rider, C.F. Tigard, Capitol Hill, Conestoga, Deer Creek, Durham, Fowler, Greenway, Hayhurst, Hiteon, Jackson, Metzger, Markham, McKay, Maplewood, Mary Woodward, Nancy Ryles, Oak Creek, Rivergrove, Lake Grove, Scholls Heights, Sexton Mountain, Stephenson, St. Anthony's, Templeton, & Twality,

*Additional schools may be added with a minimum of 4 students per day. Call our office for details.*



All After School Care Students are invited to participate in our Annual Dance Recital and Mini Olympics exhibition.

*Costumes, tickets and entry fees are additional.*

# Westside Dance & Gymnastics Academy

## Policy Sheet

### Summer Business Hours:

Monday - Thursday	7:30 a.m.- 9:00 p.m.
Friday	7:30 a.m. - 6:00 p.m.
Saturday	9:00 a.m. - 2:00 p.m. <i>(after 2:00 p.m. open for private parties only.)</i>
Sunday	1:00 p.m. - 4:00 p.m. <i>(before 1:00 p.m. and after 4:00 p.m. open for private parties only.)</i>

**Registration:** A one-time family membership fee of \$25.00, includes full membership & member discounts to all programs in the facility. There will be a \$10.00 re-start fee for any member that drops and wishes to re-register.

**Tuition:** Tuition is based on 48 weeks of classes per year, an average of 4 weeks of classes per month. *(Some months you will have 5 classes and some months you will have 3.)* Tuition is due by the first day of the month. Customers are encouraged to enroll in the Electronic Funds Transfer System (EFT) through their checking account. Customers not enrolled in the EFT program will automatically be charged a \$25.00 late fee for balances past due after the 1st of the month.

**Parking:** Do not park in front of the door, along the yellow painted curbs or along the fire lane. Remember: *Children cannot be seen behind or in front of a parked car.* For everyone's safety, please use designated parking spots! Do not park behind the Westside Academy vans, they make many trips during regular business hours.

**Missed Classes:** Students are required to schedule make-up classes through the office. We do not pro-rate for missed classes. Make-up classes cannot be substituted for tuition payments. Students may use open gym as a make-up. You must be currently enrolled to take a make-up and make-up classes must be taken within a 2 month period or all make-ups are forfeited.

**Adding, Dropping or Transferring Classes:** The customer is responsible for notifying the office of any changes to their child's enrollment. This will keep your records updated. Written notification is encouraged.

**NSF Payments:** A \$35.00 fee will be charged to your account for each transaction that is returned "insufficient funds."

**Notices:** In our on-going effort to keep parents informed of upcoming events, classroom activities and general academy information, we put out an academy notice the first week of each month. Notices are passed out during class. Please stop by the office if at any time you do not receive one. Don't forget to check out our website at [www.westsideacademy.com](http://www.westsideacademy.com) for important information.

**Lost & Found:** Please do not leave your personal items in the restroom. Westside Academy cannot be responsible for lost or stolen belongings. For those items left behind, we do have lost & found bins located in the restrooms.

**Gymnastics Viewing Area:** For our students safety as well as your own, we do not allow parents or students (not in class) to stand or sit in the gym during classes. The viewing area is designed for this purpose.

*If you bring additional siblings with you, they must stay with you! Westside Academy cannot be responsible for children who are not in classes. Dance classes have special quarterly Parent Watch Weeks for parents to observe their child's progress.*

**Parent Watch Week:** Parents of dance students are encouraged to attend watch week. You may bring your still and/or video camera. Our Summer Parent Watch Week date is August 24th-30th.

**Photos:** For the safety of our gymnasts, please do not take flash pictures or use video cameras with bright lights when taking pictures in the gym.

**Wireless Internet Service:** We now have Wireless Internet Service available here at the Academy.  
The WEP Key is: 5036395388.

### OUR MISSION

Providing a safe, fun, positive environment. Promoting creativity and fitness while inspiring students to achieve their goals.  
Developing self-esteem by instilling the values of good sportsmanship, self-discipline, respect and accountability.  
Enriching the lives of our students and the community through excellence in education, dance and gymnastics.

Safety is everyone's responsibility - we care  
Quality education and training

Excellence and integrity - the "Westside Way"  
Listening with results

## Calendar of Events

### May 2009

- 1-31 Recital Ticket Presale at Westside
- 1 "First Friday" Kids Camp 9:00-12:00 ages 3-5
- 2 "First Saturday" Dance Camp 1:30-4:30 ages 6-12
- 2-9 Gym Class "Picture Week" - Pictures will be taken during class in your Mini Olympic Uniform
- 5 "First Sunday" Extreme Acro 1:00-3:00 ages 5+
- 10 CLOSED - Mother's Day - No Birthday Parties
- 11-17 Dance Class "Picture Week" - Pictures taken during class in your Recital Costume
- 23-25 CLOSED - Memorial Day Weekend

### June 2009

- 1 Recital Tickets on Sale at TicketMaster
- 5 "First Friday" Kids Camp 9:00 - 12:00 ages 3-5
- 6-12 Dance Department "Parent Watch Week"
- 6 Last day of Open Gym
- 7 "First Sunday Extreme Acro 1:00-3:00 ages 5+
- 9 Last day of Indoor Play Park
- 10 Last day of Extended Care
- 11/12 Last day of Preschool Classes, Annual Picnic
- 13/14 "Mini Olympics" - Gymnastics Department  
No Open Gym, PNO or Birthday Parties
- 13 Last Day of Dance Classes
- 15 Summer Camps Begin
- 15-20 Dress Rehearsal & Dance Recital Performances
- 15-20 No Dance Classes. Dress rehearsal & Recital for all dance students in lieu of classes.
- 20 Last day of Gymnastics classes
- 20 Closed for Open Gym Parties & Parents Night Out
- 21 CLOSED - Father's Day- No Birthday Parties
- 22-26 Summer Camps. No Gym or Dance Classes
- 27-28 Closed for Parties and Parents Night Out
- 29-7/2 Summer Camps
- 29-30 Office Open 8:00 am - 6:00 pm

### July 2009

- 1-2 Summer Camps
- 1-2 Office Open 8:00 am-6:00 pm
- 3-5 Office Closed (Happy 4th of July)- No parties or Parents Night Out
- 6 Summer Classes Begin

### August 2009

- 12 Fall Registration Begins.
- 23 Girls Rec Team Home Meet 4:00pm
- 24-30 Dance Department "Parent Watch Week"
- 28 Preschool Open House 5:00-6:30pm
- 30 Last day of Summer Classes
- 31-Sept 3 PC Dance Intensive at TC
- 31-Sept 4 No Classes. Office Open 8:00 am - 6:00 pm

## \* Parents Night Out \*



**Saturdays 6:30 p.m. - 10:00 p.m. Ages 4 ~ 12**

- Members \$20.00 per child**
- \$30.00 for 2 children**
- Non-Members \$23.00 per child**
- \$33.00 for 2 children**

Let your kids enjoy non-stop fun in the gym. Jump in the foam pit, bounce on the trampoline, and play in the bounce house. Practice your gymnastics skills and learn some new games. For added enjoyment, activities such as dress up, crafts, and dancing are occasionally offered.

*Pizza will be served for an additional \$5.00 per child!*

Pre Registration is requested.



# PARTY PACKAGES

*(Gymnastics or Dance)*

### Gymnastics Party— Up to 10 Children (1 instructor)

Members	\$160.00
Non-Members	\$170.00

### Gymnastics Party—11-20 Children (2 instructors)

Members	\$195.00
Non-Members	\$205.00

### Gymnastics Party—21-30 Children (3 instructors)

Members	\$230.00
Non-Members	\$240.00

### Hannah Montana &/or Hip Hop Dance Hits Party

*Up to 10 Children - (1 instructor)*

Members	\$175.00
Non-Members	\$185.00

*Each additional guest (up to 3 only): \$6.00 more*

### Princess Dance Party—Up to 10 Children

(1 instructor)

Members	\$175.00
Non-Members	\$185.00

*Each additional guest (up to 3 only): \$6.00 more*

### Basic Party Package (includes invitations)

- 45-55 fun-filled minutes in the gym or dance room
- 35-45 minutes to celebrate in a party room



## Pro - Shop

**Check out our Pro-Shop for all your Dance, Gymnastics Apparel & Footwear needs!**

**Don't forget Westside Pro-Shop can special order items for dance teams and school theatre groups.**

