

Accelerated and Gymnastics Teams

ACCELERATED GYMNASTICS CLASSES

Girls Gymnastics

Class	Day	Time	Room
Jr. Trainers (5-6 yrs) (1.5 hrs \$97) (3 hrs \$165)	T & or Th	3:45-5:15	G
Mini Pre-Team (6-7 yrs) (3 hrs \$165)	W/F	3:45-5:15	G
Pre-Team (8+ yrs) (4 hrs \$200)	T/Th	5:15-7:15	G

Boys Gymnastics

Class	Day	Time	Room
Jr. Trainers (5-6 yrs) (3 hrs \$165)	M/Th	3:30-5:00	G
Pre-Team (7-10 yrs) (4 hrs \$200)	T/Th	3:30-5:30	G

Rhythmic Gymnastics

Class	Day	Time	Room
Level 3 (Rising Stars) (3 hrs \$165)	M/Th	3:45-5:15	TC

ACCELERATED GYMNASTICS CLASS TUITION

50 min - 1 hour per week	\$ 65.00 per month
1 hour & 15 minutes per week	\$ 80.00 per month
1 hour & 30 minutes per week	\$ 97.00 per month
2 hours per week	\$130.00 per month
3 hours per week	\$165.00 per month

Each additional family hour after two, will be at the discounted rate listed below.

Dance \$33/hr Gym \$35/hr

A 20% discount is given to individual & multiple family members enrolled in both Performing Co and Gym teams.

Unlimited Gym Class Pass: \$400 per month per student
 Family Gymnastics Tuition Maximum: \$500.00 per month
 Family Academy Tuition Maximum: \$1,000 per month

WESTSIDE GIRLS GYMNASTICS TEAM

Class	Day	Time	Room
Level 4 (9 hrs- \$302)	M/T/TH	3:00-6:00	G
Level 4 (9 hrs- \$302)	M/T/Th	4:00-7:00	G
Level 5 and 6 (12 hrs- \$327)	M/W/F	4:00-8:00	G
Level 7 (16 hrs- \$347)	T/W/Th Sat	4:30-8:30 8:30-12:30	G G
Level 8+ (20 hrs- \$367)	M/T/W/Th Sat	4:30-8:30 8:30-12:30	G G

WESTSIDE BOYS GYMNASTICS TEAM

Class	Day	Time	Room
Future Stars (6 hrs-\$266)	M/W/Th	3:30-5:30	G
Level 4 (6 hrs-\$266)	T/TH/F	5:30-7:30	G
Level 5 (9 hrs- \$302)	M/W/Th	5:00-8:00	G
Level 6-7 (12 hrs- \$327)	T/W/Th/F	5:00-8:00	G
Level 8-10 (20 hrs- \$367)	M/T/W/Th/F	5:00-9:00	G

WESTSIDE RHYTHMIC GYMNASTICS TEAM

Class	Day	Time	Room
Level 4 (5.75 hrs-\$259)	M F	5:15-8:00 4:00-7:00	TC TC
Level 5 (8.5 hrs-\$297)	T/Th Su	5:15-8:00 4:00-7:00	TC TC
Level 6 (15 hrs \$342)	T/Th F Sat	4:00-7:30 4:00-8:00 10:00-2:00	TC TC TC
Level 7 (18 hrs-\$357)	M/T/Th/F	4:00-8:30	TC
Level 8 (18 hrs-\$357)	M/Th/F Sat	4:00-8:30 10:00-2:30	TC TC

CLASS DESCRIPTIONS ~

Boys & Girls Jr. Trainers: Accelerated Classes for the younger gymnast. These classes will focus on building a solid foundation of core strength, flexibility, shaping and basic skills necessary for advanced gymnastics.

Boys Pre-Team, Girls, Mini Pre-Team & Girls Pre-Team: Gymnasts work on perfecting their skills, strength & flexibility needed for competitive gymnastics.

Rhythmic Rising/Future Stars: Students are selected for a more extensive training in Rhythmic Gymnastics using hoop, ball, ribbon, club & rope.

Boys, Girls & Rhythmic Gymnastics Competitive Team: Qualification required. Level 4-10 Gymnastics competitive team. Competes on a state, regional and national level.

