

# Westside Academy – Preschool Weekly Lesson Plans

**APRIL 13-17**

**Monday –**

- Child selection (playdough, puzzle, coloring, books)
- [Scholastic Weekly reader](#) (password – rungrass8) – Listen/read the story: A Caterpillar Grows Up & do follow up activity
- Clean up, bathroom break, snack
- Go for a walk and Collect some wildflowers – draw or paint a picture of your flowers
- Practice Mini Olympics routine 3x

**Tuesday -**

- Child selection (playdough, puzzle, coloring, books)
- [Watch the Scholastic video](#) (password – rungrass8) *Life Cycle of the Butterfly*. Draw a picture of a caterpillar egg, a chrysalis and a butterfly (bring it to our Zoom class to share!)
- Clean up, bathroom break, snack
- **Zoom “Circle Time”** with teachers @ 10:30am (check in @ 10:25am)
- Work on craft taught in Zoom session today

**Wednesday –**

- Read/look at your 2 favorite books – bring one to Zoom today
- Practice Mini Olympics routine 3x
- Clean up, bathroom break, snack
- Challenge! Build your name outside using nature such as sticks & rocks – take a picture and post it on Facebook or Instagram – tag Westside Academy!

**Thursday –**

- Teach a family member the *Good Morning* song we sing in preschool
- Complete an activity **Teeny Tiny Garden Friends** from email – bring completed page to Circle Time today!
- Clean up, bathroom break, snack
- **Zoom “Circle Time”** with teachers @ 10:30am (check in @ 10:25am)
- Go on an insect hunt outside

### Friday –

- Use playdough to make your name OR draw your name in a plate/tray of dried rice or beans – take a picture and post it on Facebook or Instagram – tag Westside Academy!
- Sing the alphabet song
- Retell “The Very Hungry Caterpillar” story and sing the days of the week song to a family member or pet
- Clean up, bathroom break, snack
- Go to [Scholastic website](#) (password – rungrass8) and play the online butterfly sequence game “*What’s the Order?*”

### APRIL 20 – 24

### Monday-

- Child selection (playdough, coloring, puzzle)
- [Let’s Find Out](#) (password – rungrass8) – Listen and read “Don’t Be a Litterbug!”
- Clean up, bathroom break, snack
- Go for a walk and look for litter (but don’t touch it as we are being careful about germs)
- Practice your Mini O routine or dance routine
- Practice tracing your Letter R printable. R is for Rabbit and Recycle

### Tuesday-

- Child selection (playdough, puzzle, coloring book)
- Watch video from [Let’s Find Out](#) (password – rungrass8) about recycling. Think about why it is important to keep our Earth clean and ways you can help. Share your thoughts during our Zoom Circle Time
- Clean up, bathroom break, snack
- **Zoom “Circle Time”** with teachers @ 10:30 a.m. (check in @10:25 a.m.)
- Work on craft taught today in Zoom class

### Wednesday-

- **Happy Earth Day!** Look for something in your house that can be recycled and bring it to *Zoom Circle time* tomorrow
- Practice your Mini O routine and/or Dance routine
- Bathroom break, snack
- Challenge! Practice sorting recyclable materials into different bins... paper, cans, compost – have a family member take a picture of you sorting or of the final result. Post it on Facebook or Instagram – tag Westside Academy!

### Thursday-

- Draw a picture of yourself and write a Thank You note to the person who picks up your garbage and tape it to your garbage can
- Child selection- playdough, puzzles, coloring
- Bathroom break, snack
- Find something in your room that begins with the letter “R” and bring it to *Zoom* class
- *Zoom Circle Time* with teachers @10:30 a.m. (check in @10:25 a.m.)

### Friday-

- Ask your grown up if you can give your toy cars a car wash in the sink. Be careful not to waste water!
- Use your toy cars to trace the letter “R” on the floor
- Bathroom break, snack
- Play the [Let's Find Out](#) online game **Clean the Park** (password – rungrass8)
- Go outside and have a pillow case/potato sack race with your grown up or brother or sister. Play **Red Light Green Light**